A Building Scientist's Perspective on the Building Enclosure

CLEVELAND BUILDING ENCLOSURE COUNCIL

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C. J. SCHUMACHER

RD BUILDING SCIENCE LABORATORIES

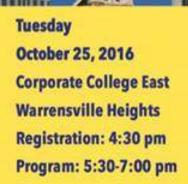


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A Building Scientist's Perspective on the Building Enclosure

Chris Schumacher Principal and Senior Building Science Specialist at RDH Building Science Inc.



For more information and to register, visit: www.bec-cleveland.org

1.5 AIA credits

Project teams use their understanding of the enclosure to deliver good buildings to their clients. Decisions need to be based on solid facts about the functioning of the enclosure and mechanical systems in relation to the climate and codes and about physical laws relating to heat, air and moisture flows across the enclosure. With the expanding use of building automation and grid connected sensors monitored in real time, building performance outcomes are increasingly measured and known. Given that our mainstream understanding of building science is based on layers of simplifying assumptions, what widely held beliefs should we be challenging in this new era?

- Should we trust reported R-values?
- How can increasing ventilation rates decrease indoor air quality?
- What common practices ruin the thermal performance of continuous insulation?
- Is the thermostat the right tool to control indoor comfort?
- Do pressure equalized assemblies make walls leak worse?
- Can high solar heat gain window make sense in hot climates?
- Do air conditioners control humidity?



A Building Scientist's Perspective on the Building Enclosure

- 1. Should we trust reported R-values?
 - \rightarrow No, question everything
- 2. How can increasing ventilation rates decrease indoor air quality?
 - → Humidity; Pressure Field
- 3. What common practices ruin the thermal performance of continuous insulation?
 - → Thermal Bridges; Air Flanking; Windows
- 4. Is the thermostat the right tool to control indoor comfort?
 - \rightarrow Almost never
- 5. Do pressure equalized assemblies make walls leak worse?
 - \rightarrow Yes, they can
- 6. Can high solar heat gain window make sense in hot climates?
 - \rightarrow No, and rarely make sense in moderate & cold climates
- 7. Do air conditioners control humidity
 - \rightarrow No, AC affects humidity but can't control it



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Should we trust reported R-values?



Label R-Values

- \rightarrow FTC 16 CFR Part 460
- \rightarrow Federal Trade Commission
- → Title 16 Commercial Practices Commercial Federal Regulation
- → Part 460 Labeling and Advertising of Home Insulation Trade Regulations

Iome Rule; Final
E

http://www.ecfr.gov/cgi-bin/text-idx?SID=79485feed2653b4002a771a5b34c6cd8&node=pt16.1.460&rgn=div5



Label R-Values

→ FTC 16 CFR Part 460

"R-value is the numerical measure of the ability of an insulation product to restrict the flow of heat and, therefore, to reduce energy costs — the higher the R-value, the better the product's insulating ability."



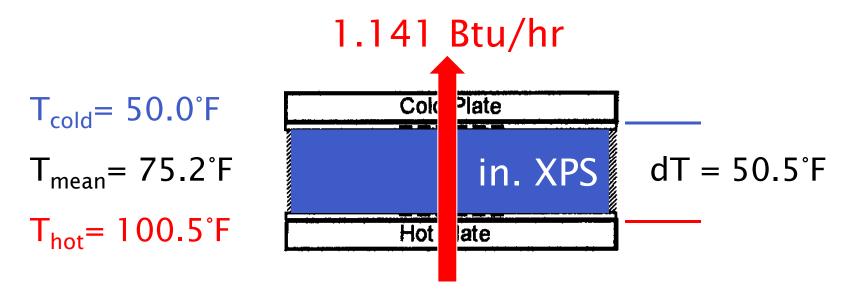
Label R-Values

- → Promoted by Everett Schuman, Penn State's Housing Research Institute (1940s)
- → Property of a layer of material or assembly
- → Measurement of resistance to heat flow
- → R-value is the reciprocal of thermal conductance
- \rightarrow ASTM C518, ASTM C177









Heat Flux Transducer Area = $16 \text{ in}^2 = 0.111 \text{ ft}^2$

Apparent R-value of aged 1 in. XPS R 4.92

(within 2% of label R-value)

When should we question R-value?

greenbuildingadvisor.com/blogs/dept/musings/beware-r-value-crooks

Beware of R-Value Crooks

Insulation scams for products like P2000 rob unwary consumers by exaggerating R-values

POSTED ON MAR 3 2009 BY MARTIN HOLLADAY, GBA ADVISOR

Scammers continue to use exaggerated R-value claims to peddle inferior insulation products, in spite of the existence of strong consumer protection laws. Year after year, naïve builders fall prey to Web-based marketing pitches for "miracle" products like "insulating" paint and 1-inch-thick R-10 foam.

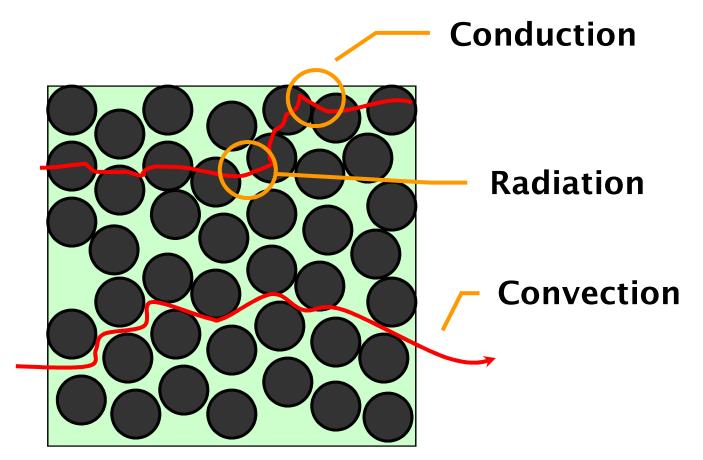
In the late 1970s, exaggerated claims by insulation marketers were so common that the U.S. Congress passed a consumer-protection law specifically addressing R-value scams. Although false marketing claims were already illegal, Congress concluded that R-value scams were so rampant and damaging to consumers that the industry needed targeted regulation.

PRODUCT	THICKNESS	R-VALUE
Thermasheath by R-max	1"	5.9
Thermax by Dow	1"	6.5
2000 Insulation Systems	1"	10.3

Temperature Dependent R-values



Heat Transfer *Inside* Insulating Materials



Hypothetical porous material



Fiber Glass Insulation

 \rightarrow Little material

RDH BUILDING SCIENCE

- \rightarrow Lots of interconnected voids
- \rightarrow Little surface area

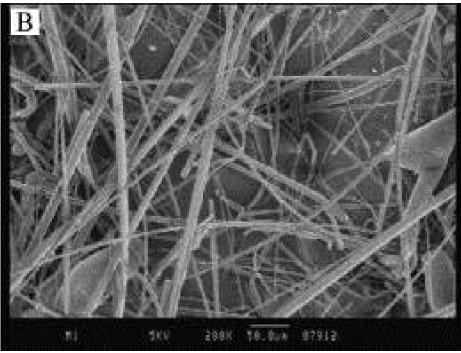




Photo: www.thermapan.com 14 of 7

Heat Transfer in Fiber Glass

→ Combination of conduction through air and glass plus radiation

From Bankvall, "Heat Transfer in Fibrous Materials," *Journal of Testing and Evaluation*, Vol. 1, No. 3, May 1973

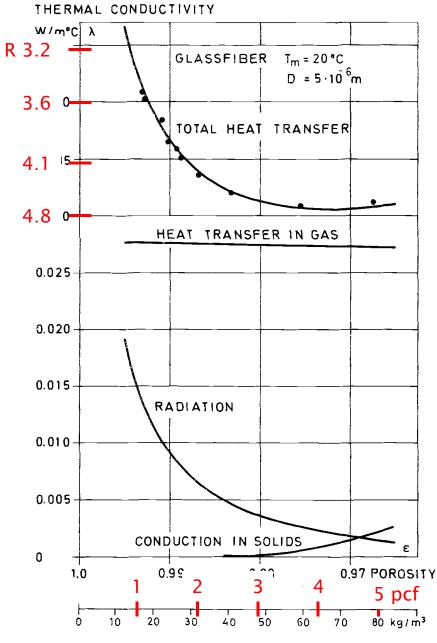


FIG. 16—The mechanisms of heat transfer in a fibrous material. - = calculated and $\bullet =$ measured values.



Expanded Polystyrene

- \rightarrow (EPS)
- \rightarrow Little material
- \rightarrow Some interconnected voids
- \rightarrow Lots of surface area

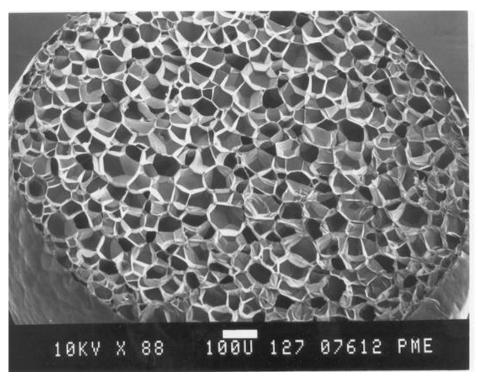


Photo: www.styreneproducts.com



Open-Cell Polyurethane Foam

- \rightarrow (0.5lb ocSPF)
- \rightarrow A little more material
- \rightarrow Many interconnected voids
- \rightarrow Lots of surface area

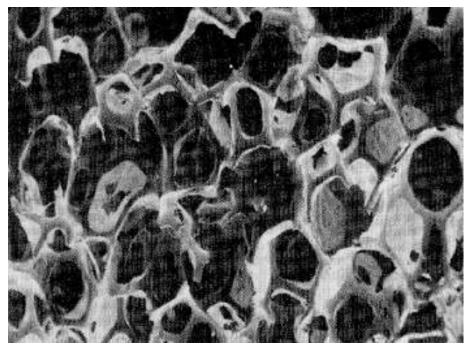


Photo: NRC-IRC



Closed-Cell Polyurethane Foam

- \rightarrow (2lb ccSPF)
- \rightarrow More material
- \rightarrow Few interconnected voids
- \rightarrow Lots of surface area

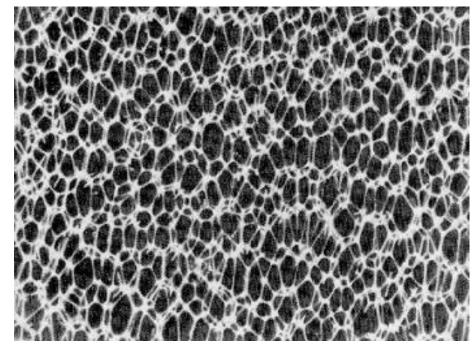


Photo: NRC-IRC



Heat Transfer *Inside* Insulation Materials

→ Conduction

- \rightarrow Through Solid Material
 - > Conductivity, Cross section, Length of flow path
- \rightarrow Through Pore Gas
 - Conductivity, Cross section

\rightarrow Convection

- \rightarrow Through Connected Pores
 - > Heat capacity, Flow rate, Temperature difference

\rightarrow Radiation

- \rightarrow Across pores
 - > Emissivity & Transparency of solid, Cross section, Path Length



But each of these mechanisms change with temperature

So heat flow varies with temperature

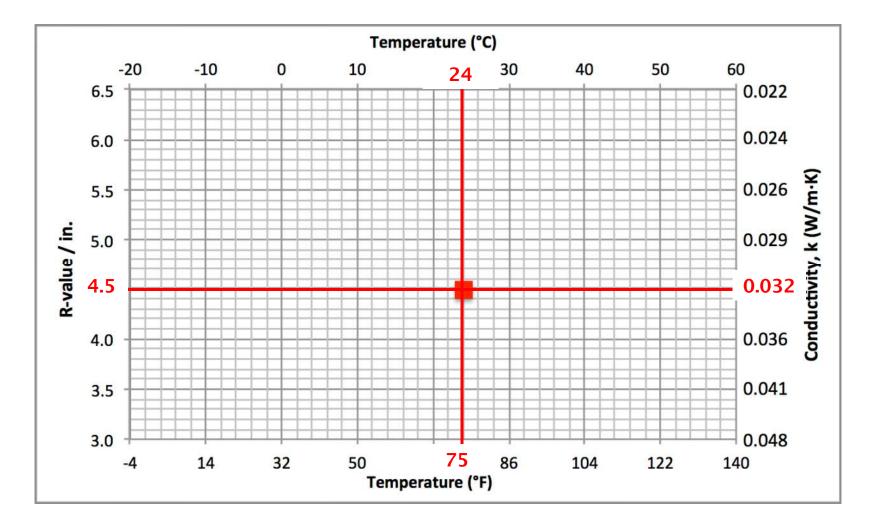


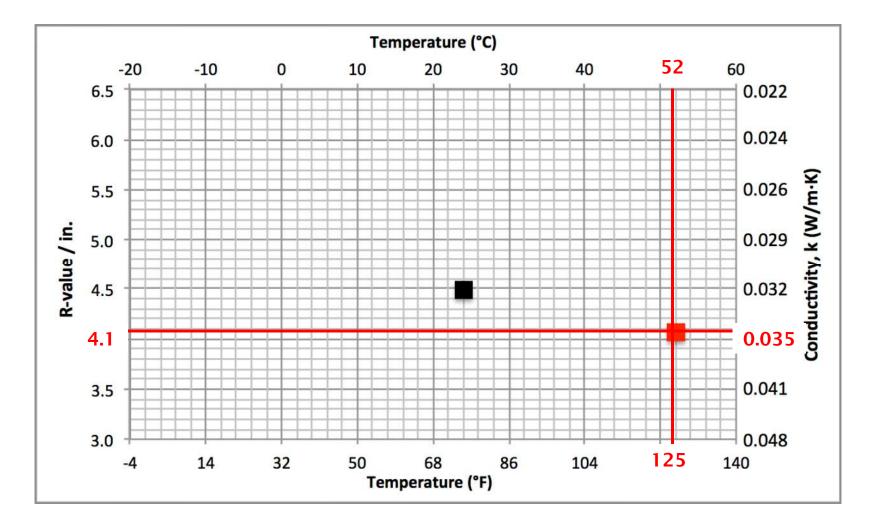
Temperature Dependency

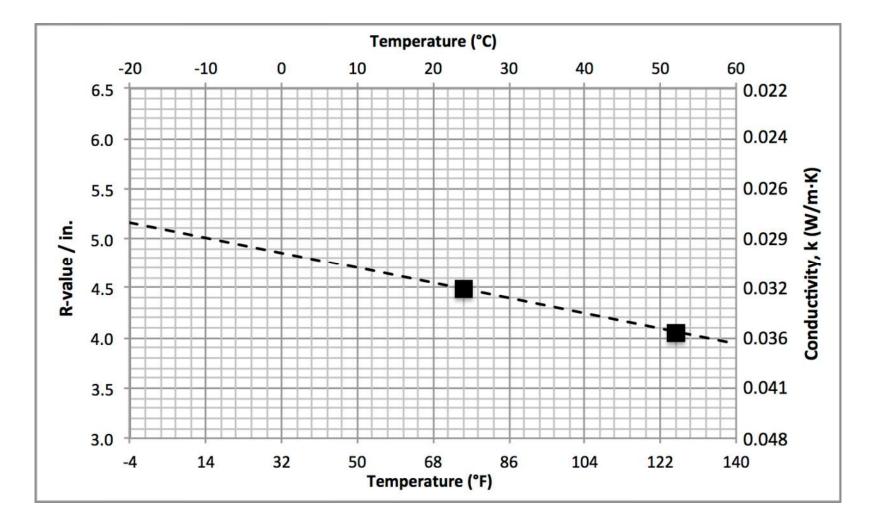
Theory and measurements show:

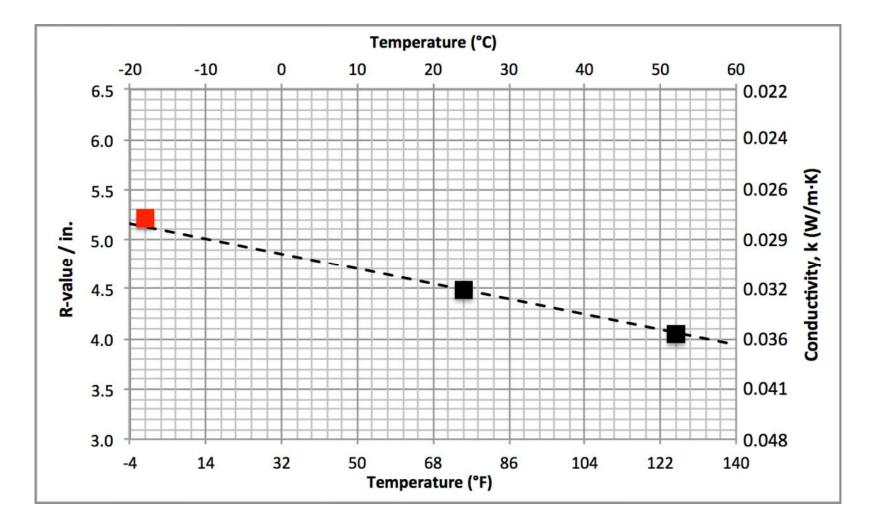
- \rightarrow Conduction varies with temperature difference
- → Convection varies with temperature difference (and a bit with mean temperature due to the changing density of air)
- → Radiation varies with the mean absolute temperature (i.e. °K or °R)

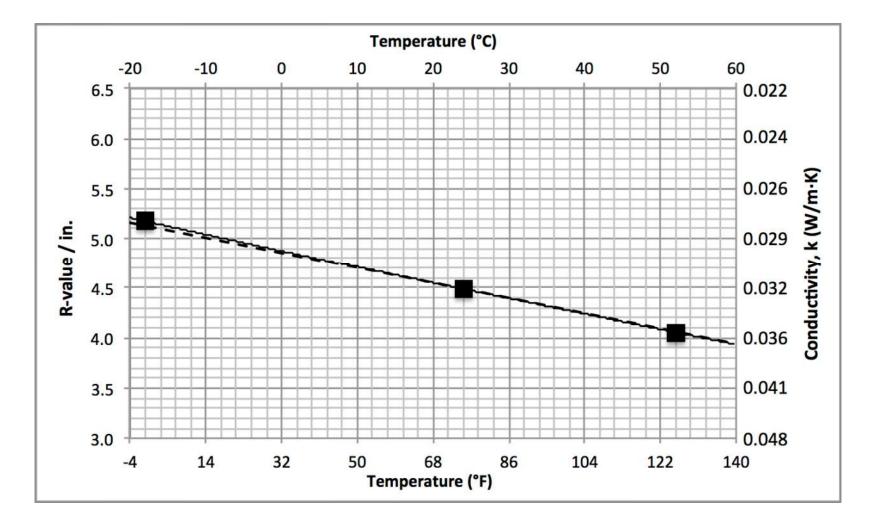








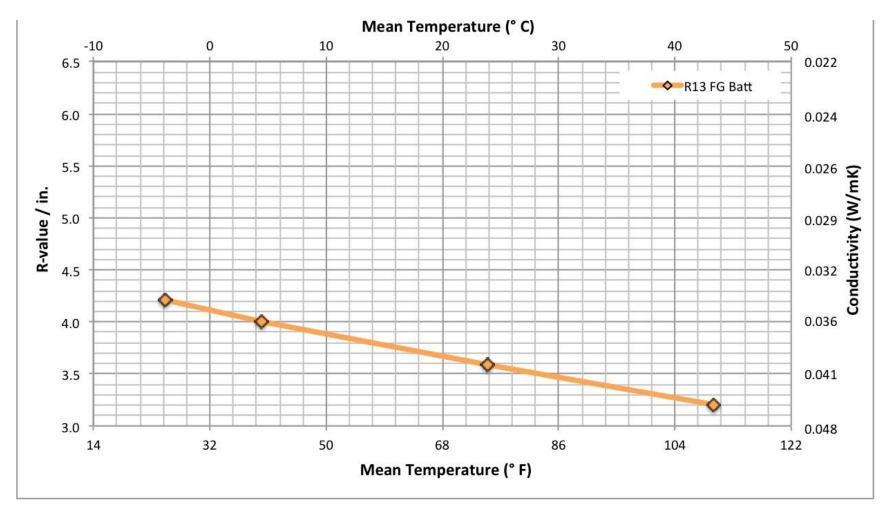




Selected RDH-BSL measurements of Temperature Dependent R-Values

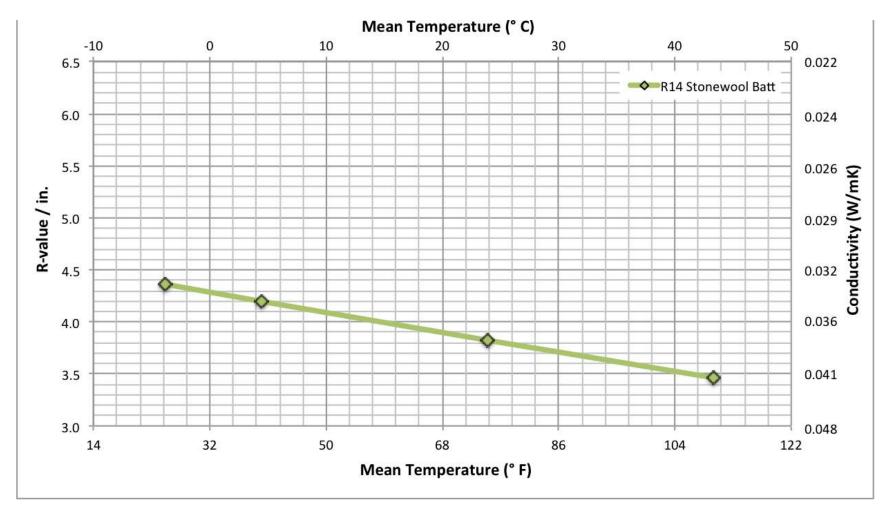




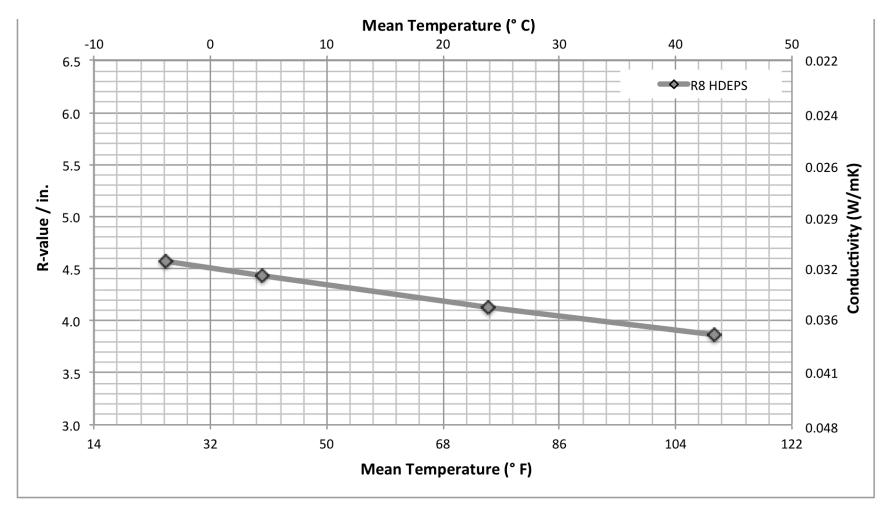


R13 Fiber Glass Batt



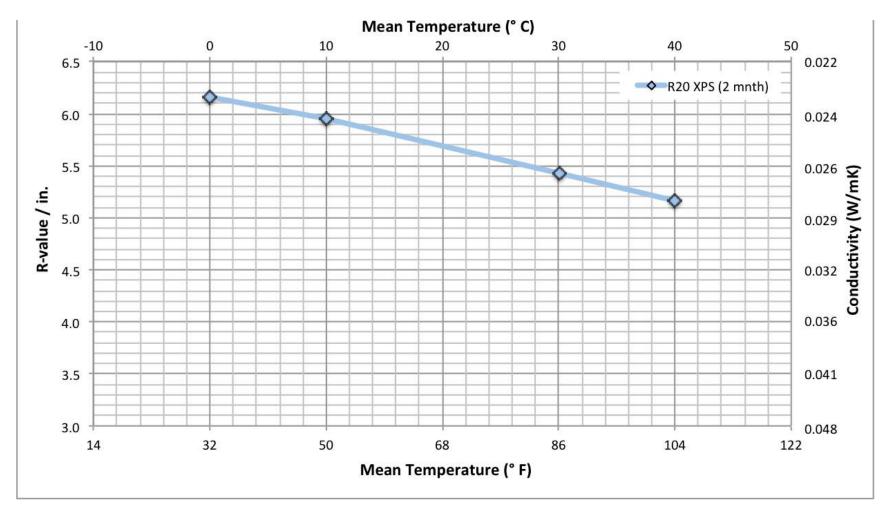


R14 Stonewool Batt

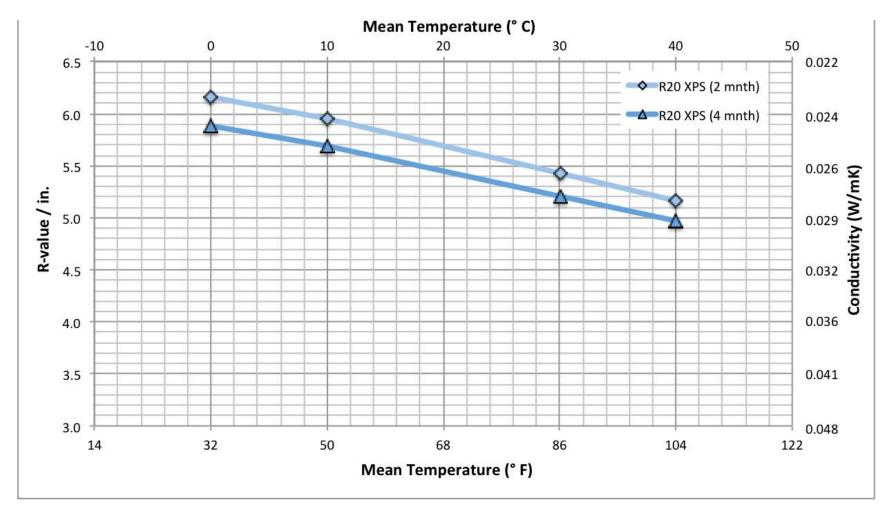


R8 HDEPS (1.3 pcf)



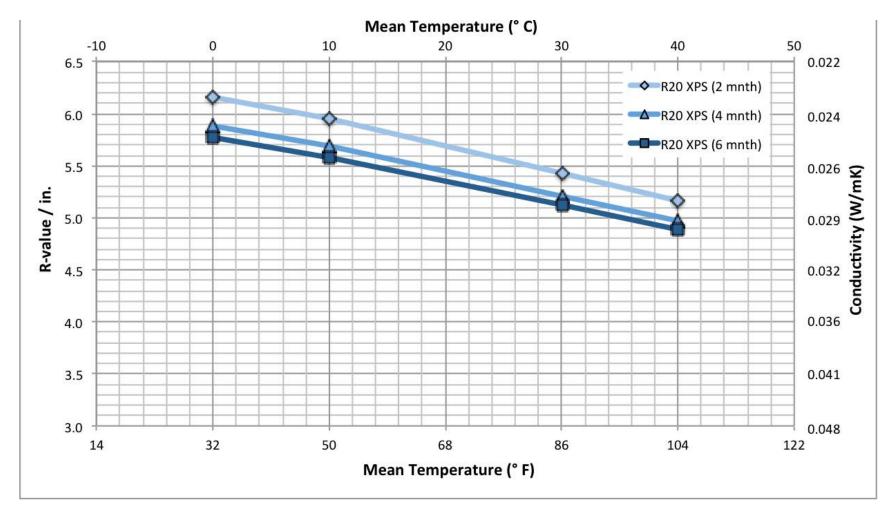


R20 XPS (2 mnth)



R20 XPS (2 & 4 mnths)

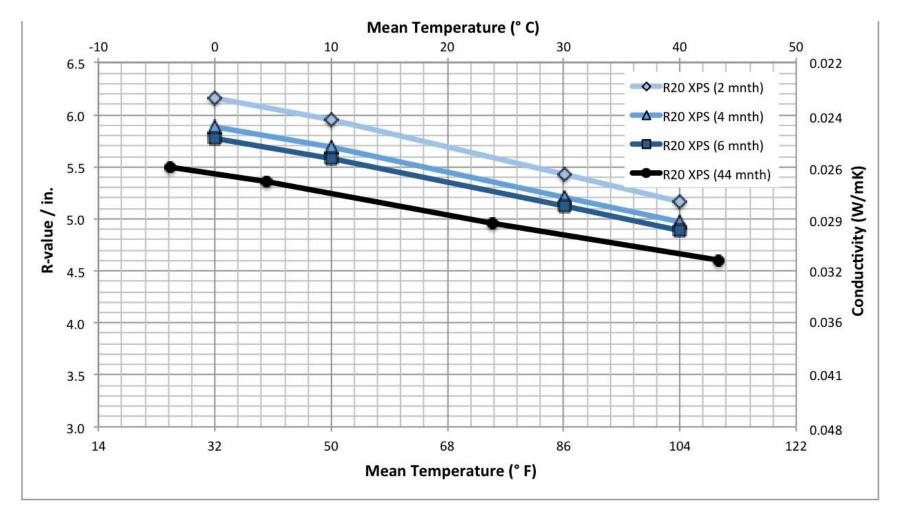




R20 XPS (2, 4 & 6 mnths)

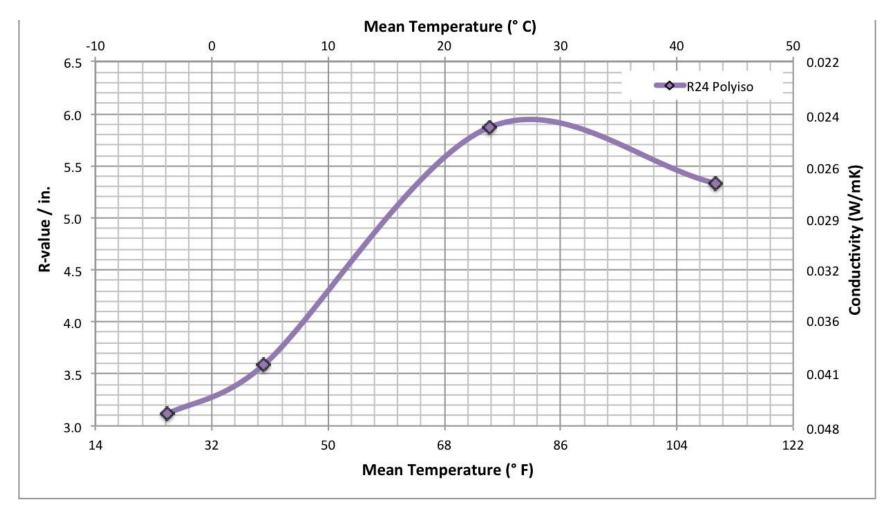


R20 XPS (2, 4, 6 & 44 mnths)

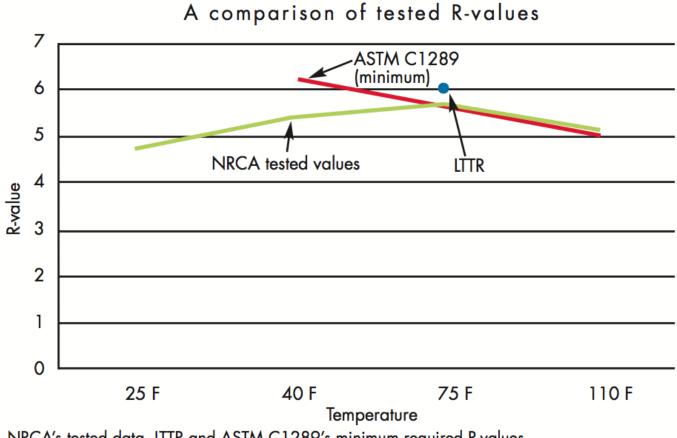




R24 Glass-faced Polyiso (12 mnths)



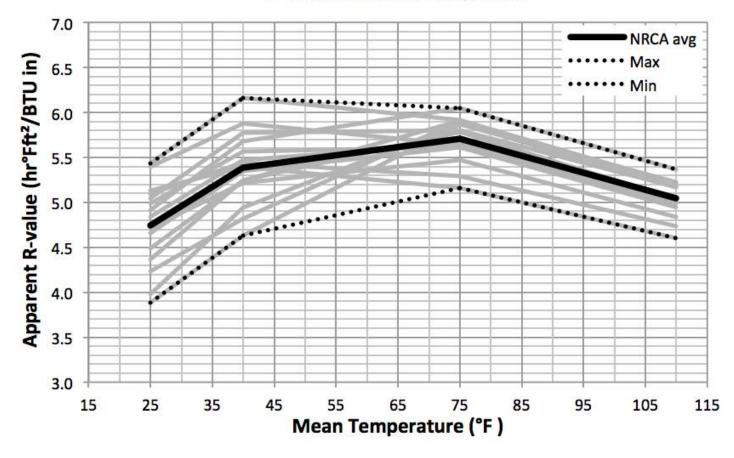
NRCA Reported Similar Findings



NRCA's tested data, LTTR and ASTM C1289's minimum required R-values

→ Mark Graham, May 2010, Professional Roofing

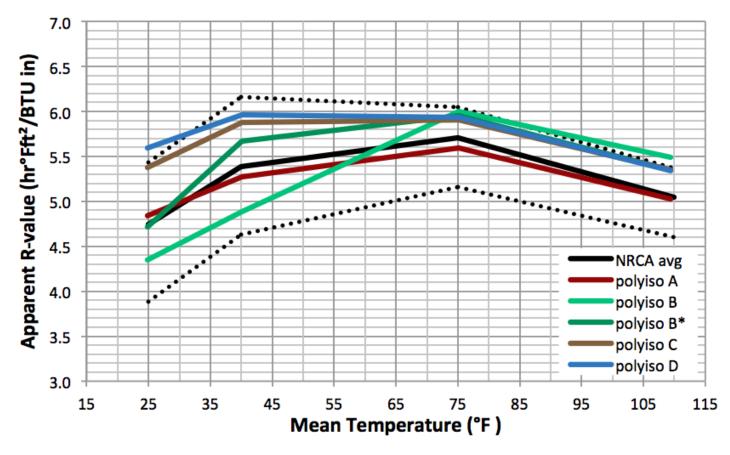
NRCA Reported Similar Findings



R-value / inch vs Mean Temperature



NRCA vs RDH-BSL 2 in.



R-value / inch vs Mean Temperature (2 in. samples)



How Can the Industry Use This?

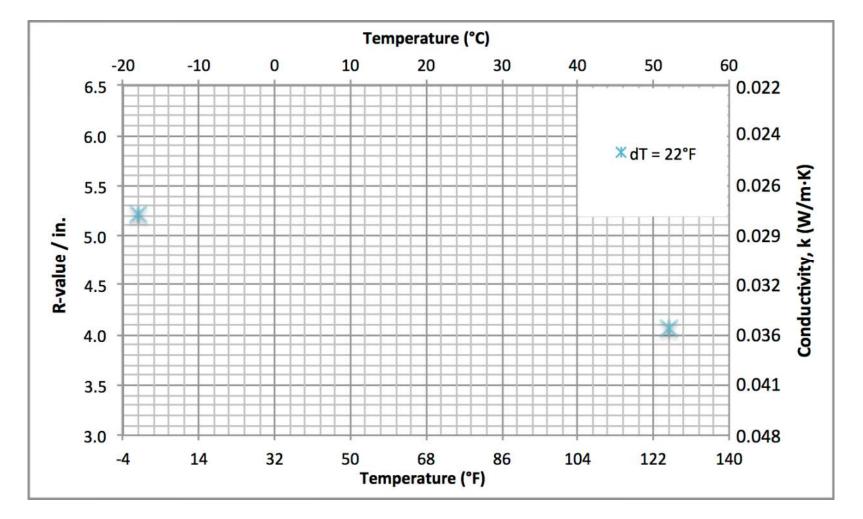
- → Field measurements indicate that Label R-values may not meet industry needs to predict energy and hygrothermal performance
- → Temperature dependence can be accounted for but need to look at
 - \rightarrow insulation materials rather than insulation layers
 - \rightarrow R-value / in rather than R-value of layer
 - →Conductivity rather than Conductance



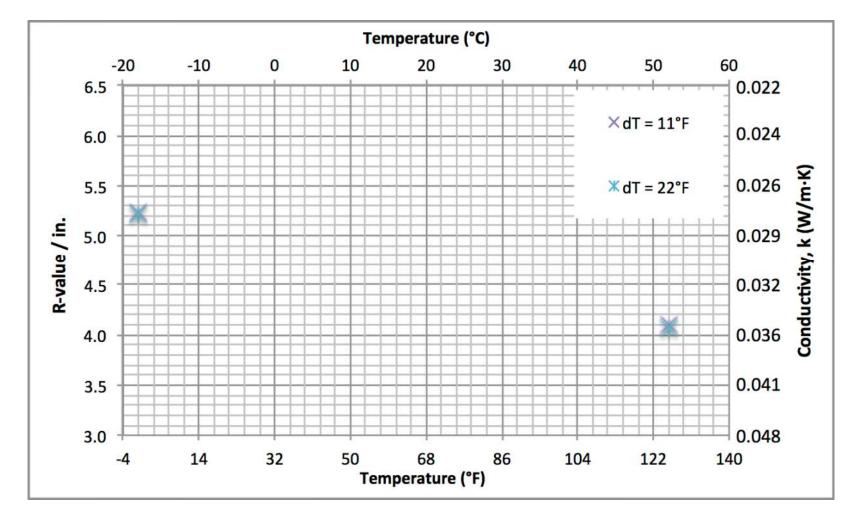
Insulation Layers vs Insulation Materials

- → Most insulating materials have nearly <u>linear</u> temperature dependence
- → Measure a layer of the insulation (R-value or conductance)
- → Easily predict material properties (R-value / in. or conductivity)
 - \rightarrow Works with "Standard" temperatures
 - \rightarrow Works with "Service Temperatures"
 - \rightarrow Works with (almost) any temperature difference

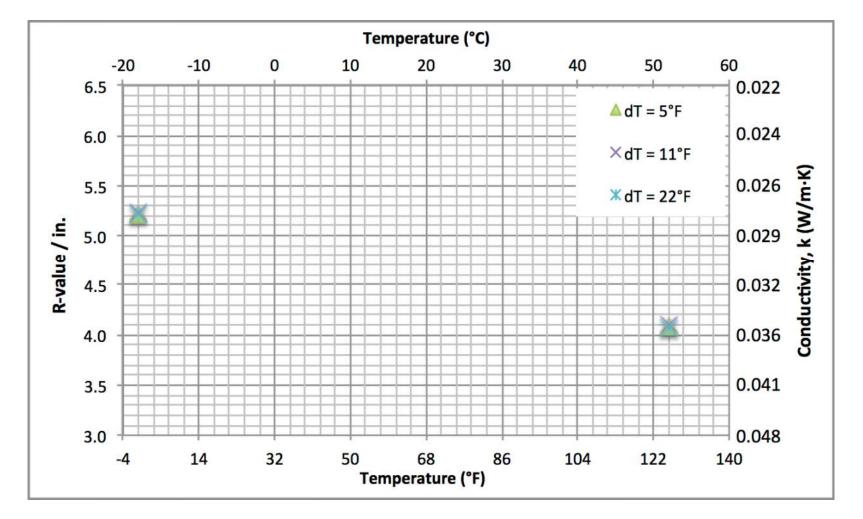




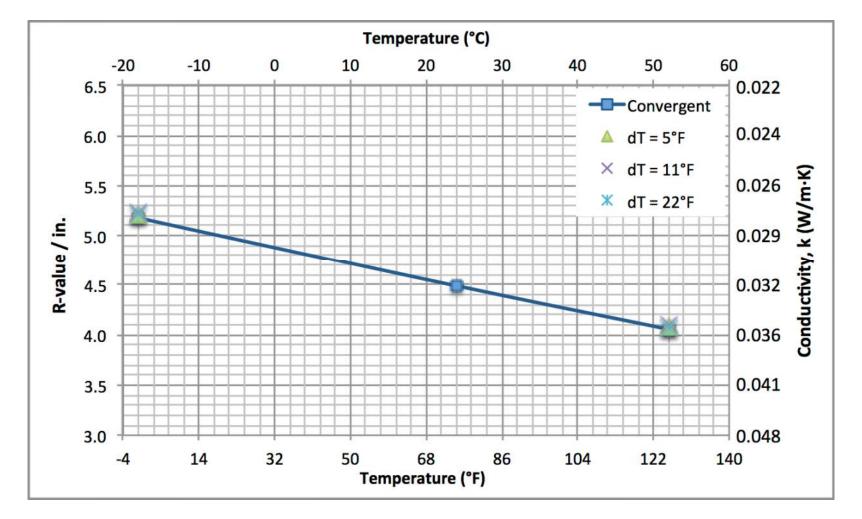






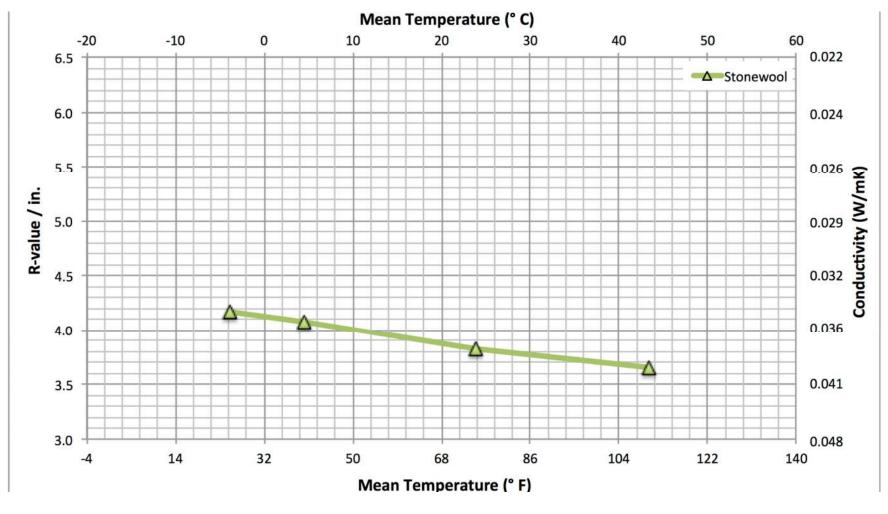






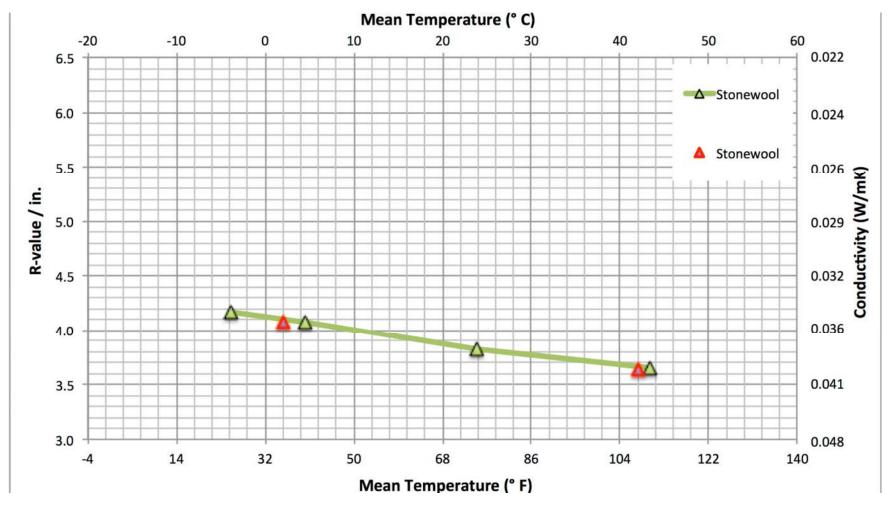


Temperature Dependent R-value Semi-Rigid Stonewool



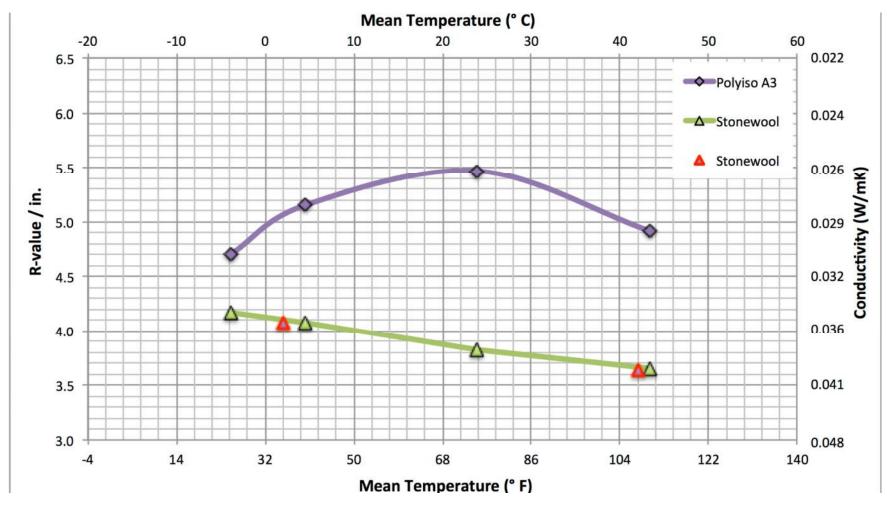


Temperature Dependent R-value Semi-Rigid Stonewool





Temperature Dependent R-value Polyisocyanurate Roof Insulation

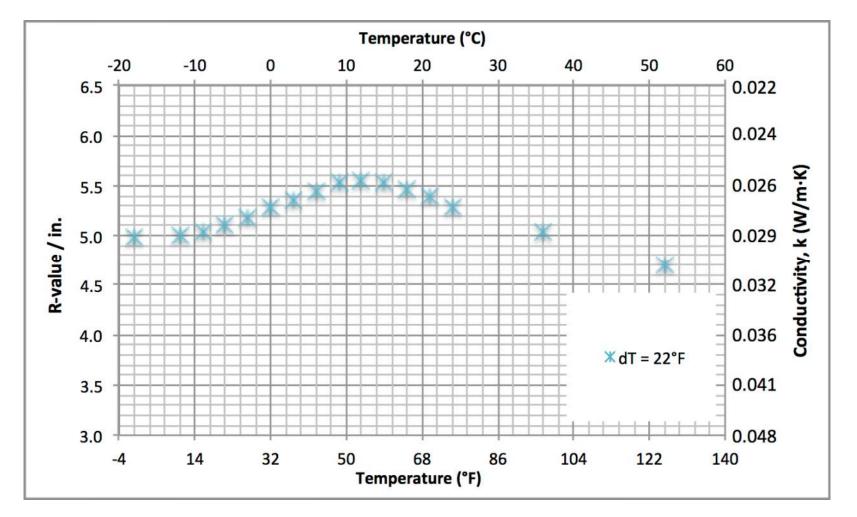


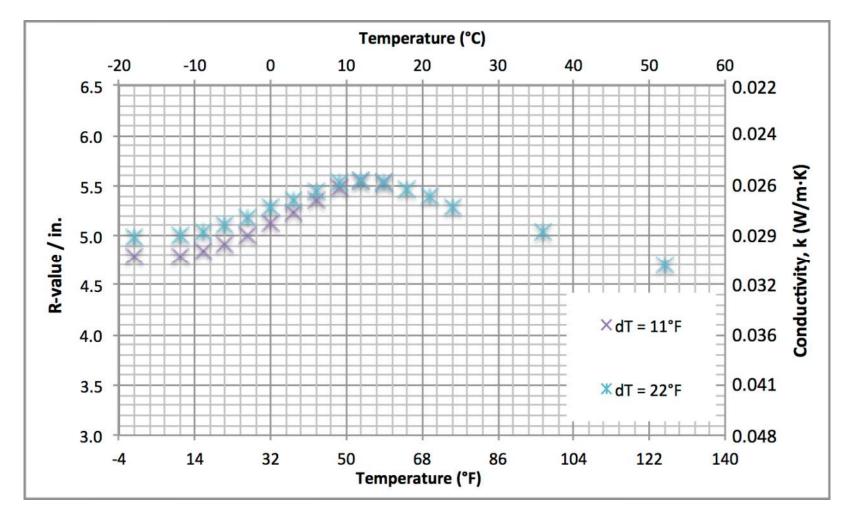


Temperature Dependent R-value Insulation Layers vs Materials

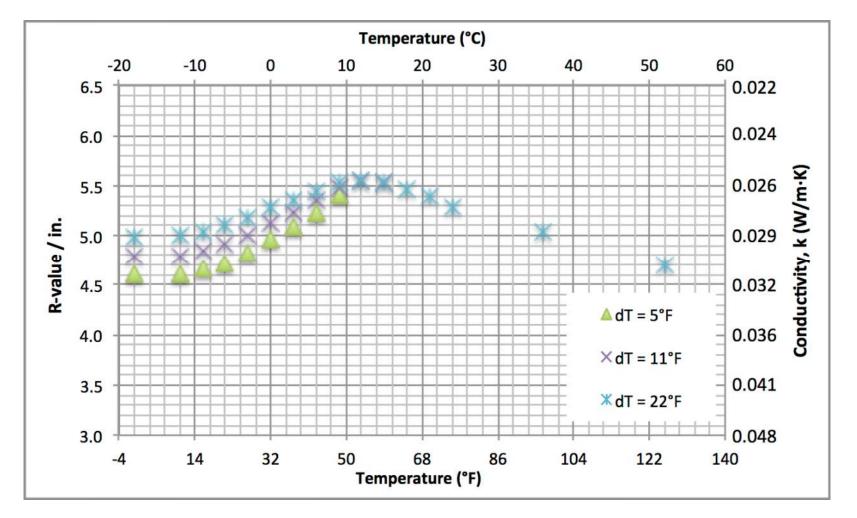
- → Some refrigerant-blown insulation materials have an "unusual" temperature dependence
- → Cannot measure a layer of the insulation and easily predict material properties
- \rightarrow To predict material properties
 - \rightarrow Measure thin layer
 - \rightarrow Measure increasingly smaller temperature differences
 - \rightarrow Many measurements.



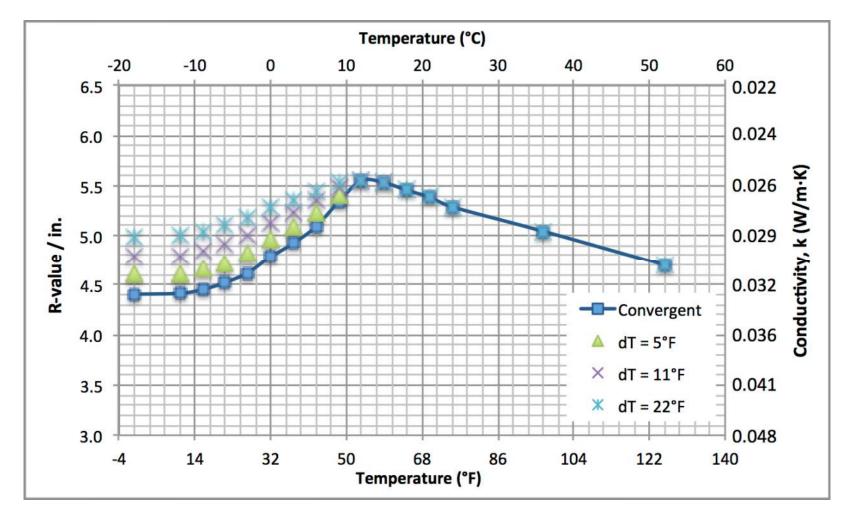










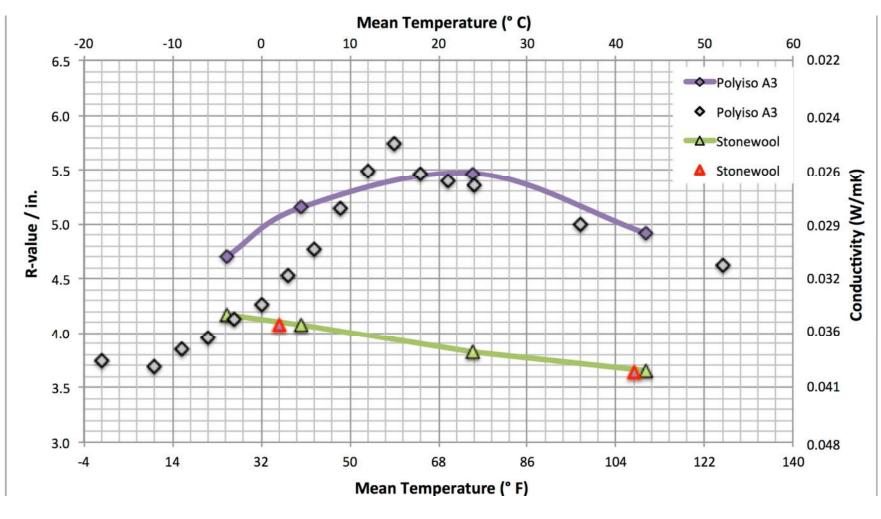




 \rightarrow For materials that have an 'odd' temperature dependency:

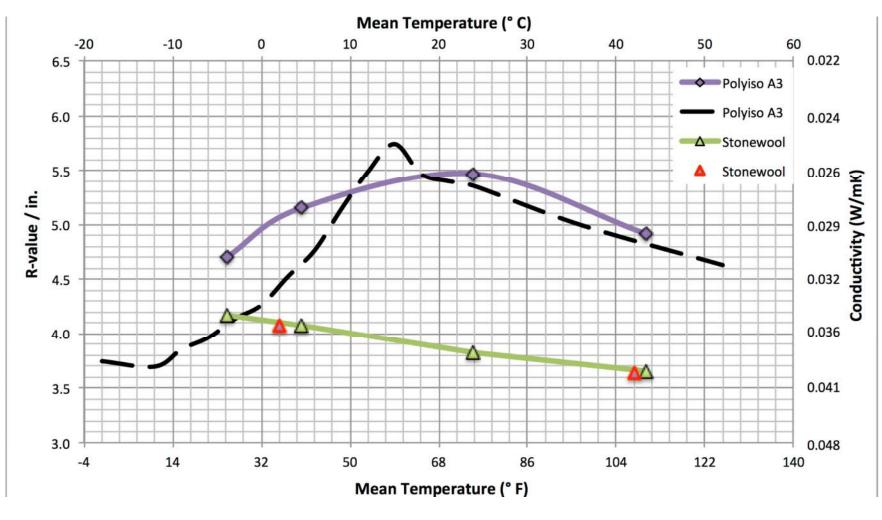
Estimate the temperature dependent R-value / in. or conductivity using decreasing deltaT approach





Polyisocyanurate Roof Insulation

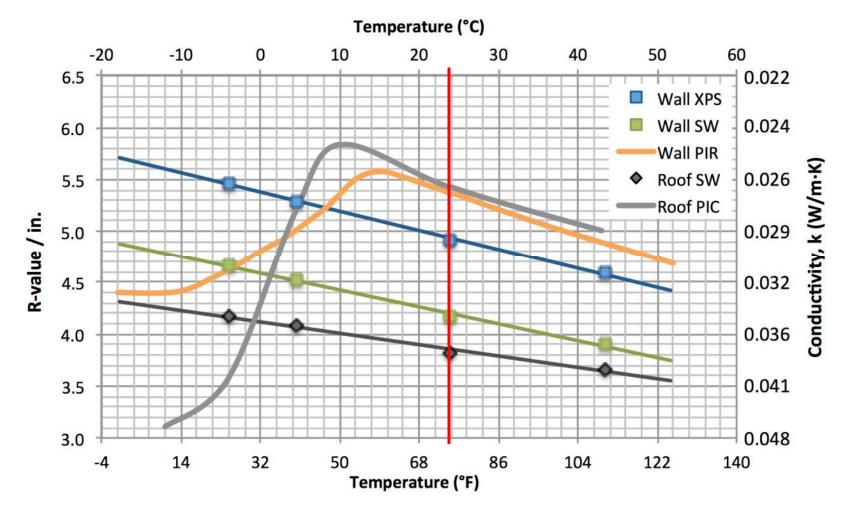




Polyisocyanurate Roof Insulation



Temperature Dependent R-values for Select Materials





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Using Temperature Dependent R-values



Using Temperature-Dependent R-value / in or Conductivity

→ Most heat, moisture and energy simulation software <u>does</u> <u>not</u> account for temperature dependent conductivity!

 \rightarrow WUFI Pro does account for k vs t in 1-D hygrothermal sims



What does WUFI say?

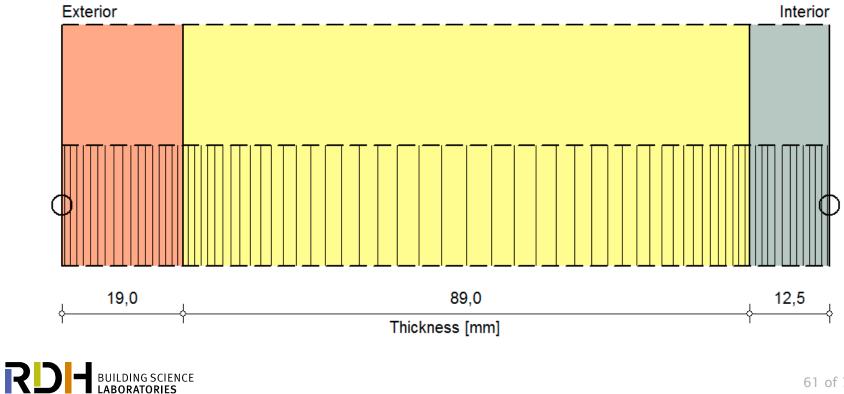
\rightarrow Simulate a typical exterior insulated residential wall system:

- \rightarrow 3/4 in. continuous polyiso insulation
- \rightarrow 3-1/2 in. mineral wool batt insulation
- \rightarrow 1/2 in. drywall
- \rightarrow (ignore stud frame for now -> 1D)



Simplified Assembly in WUFI

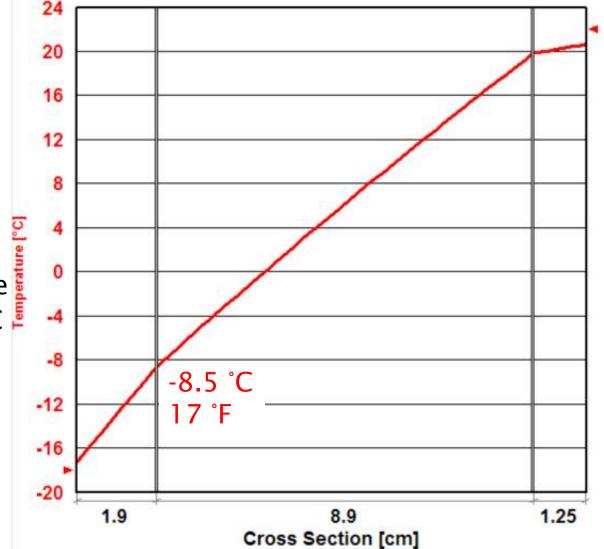
- \rightarrow Ignore cladding, airspaces, surface films and solar affects (i.e. Temperatures occur ON the surface)
- \rightarrow Steady state with exterior at -18C & interior at 22C



WUFI Results using R-6 / in (No Temperature Dependence)

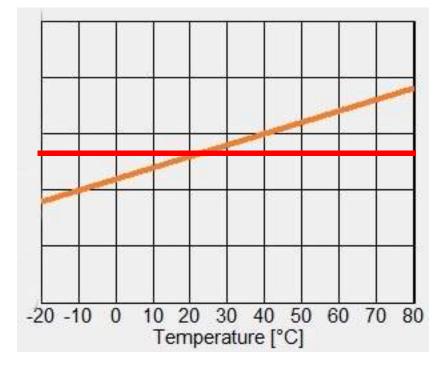
- \rightarrow R6 / in.
- → Temperature drops faster across <u>polyiso</u> (higher R/in) (lower k)
- → Condensing surface temp approx -8.5°C
- \rightarrow U_{wall} = 0.274
- $\rightarrow R_{wall} = 20.7$



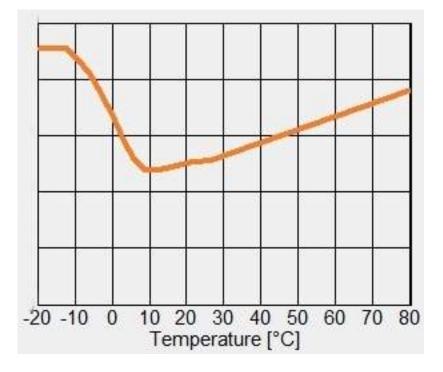


What if we add temperature dependence?

WUFI's Default Polyiso k vs t curve



Adjusted Polyiso k vs t curve

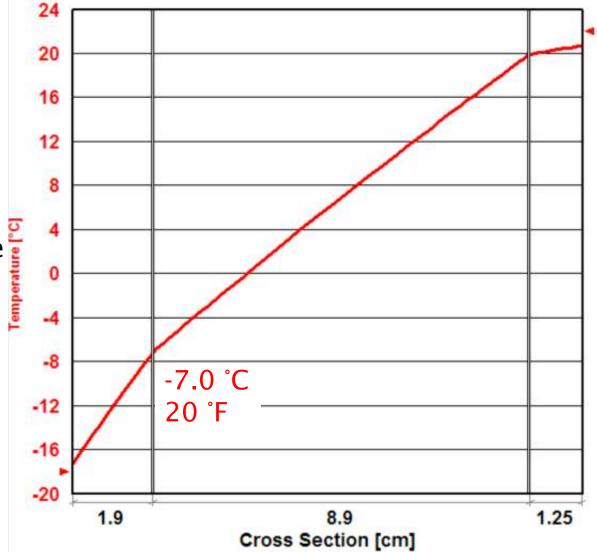




WUFI Results using Default Temperature Dependence

- \rightarrow WUFI's default
- → Better than assumed constant R6 / in.
- → Condensing surface temp approx -7.0°C
- → $U_{wall} = 0.262$ → $R_{wall} = 21.7$

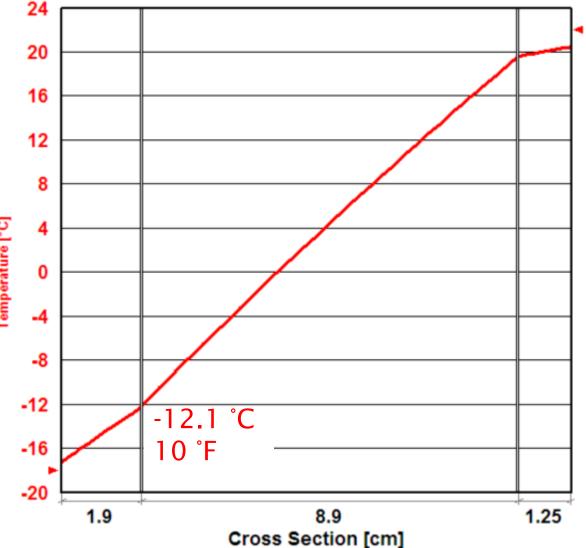




WUFI Results using Measured Temperature Dependence

- \rightarrow Measured k vs T
- → Temperature drops faster through <u>batt</u>
- → Condensing surface temp approx -12.1°C
- → $U_{wall} = 0.302$ → $R_{wall} = 18.8$

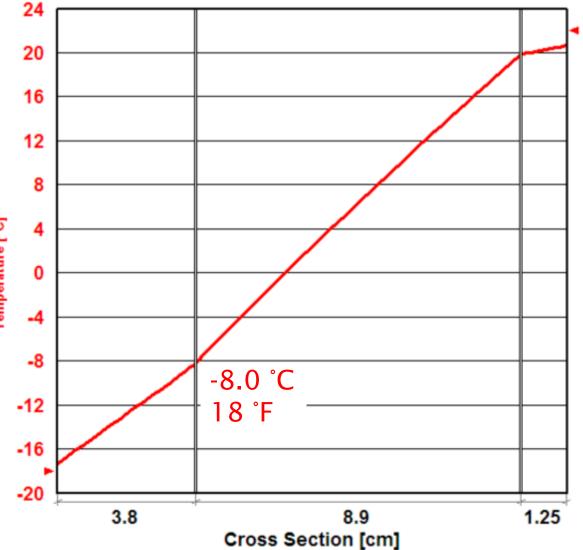




What can we do to address this?

- → Measured k vs T but *thicker PIC*
- → Temperature drops faster through <u>batt</u>
- → Condensing surface temp approx -8.0°C
- → $U_{wall} = 0.270$ → $R_{wall} = 21.0$





Other R-values to question

- → Radiant "Insulations" tested in unrealistic geometries or at unrealistic temperatures and / or temperature differences
- \rightarrow Vacuum panel insulations only reporting center-of-panel
- → Any cladding, structural or complete enclosure system (check that thermal bridges are accounted for)
- \rightarrow Systems claiming air tightness and mass benefits
- → R-value for layer when it is reported <u>close to but not actually</u> <u>at 1 in. thickness</u>



Neopor[®] GPS (Graphite Polystyrene) rigid foam is today's energy-efficient and cost-effective insulation solution for architects, builders and contractors. The table shows actual test data of Neopor[®] GPS F5300 Plus and ASTM C578 physical requirements for EPS and XPS.

Property	Unit	Neopor [®] GPS Plus vs EPS/XPS ⁴⁾								
Polystyrene type ¹⁾		EPS	GPS +	EPS	GPS +	XPS	GPS +	XPS	GPS +	XPS
ASTM C578 Classification ²⁾		Туре І	Туре І	Type VIII	Type VIII	Туре Х	Туре II+	Type IV	Туре IX	Туре VI
Compressive Resistance	at yield of 10% deformation in psi (min)	10.0	10.0	13.0	14.0	15.0	20.0	25.0	25.0	40.0
Thermal Resistance (R-value) ³⁾	°F·ft2·h/BTU (°C·m2/W) 75 ±2°F (23.9 ±1°C)	3.6	5.0	3.8	5.0	5.0	5.0	5.0	5.0	5.0
Water Vapor Permeance	Max perm (ng/Pa·s·m2)	5.0	4.0	3.5	3.1	1.5	3.1	1.5	2.5	1.1
Water Absorption by Total Immersion	Max volume % absorbed	4.0	1.1	3.0	1.1	0.3	1.1	0.3	1.1	0.3
Flexural Strength	psi	25.0	25.0	30.0	32.0	40.0	40.0	50.0	50.0	60.0
Density	lbs/ ft3	0.90	0.90	1.15	1.15	1.30	1.45	1.45	1.80	1.80

1) GPS is Graphite Polystyrene. XPS is extruded Polystyrene

2) Neopor® GPS meets and exceeds ASTM C578-13, "Standard Specification for Rigid, Cellular Polystyrene Thermal Insulation"; published by ASTM International, 100 Barr Harbor Drive, PO Box C700, West Conshohocken, PA 19428-2959

3) R means resistance to heat flow. The higher the R-value, the greater the insulating power. Ask your seller for the fact sheet on R-values.

4) The technical and physical metrics provided in this table are reference values for insulation products made of Neopor GPS. The values and properties may vary depending on how they are processed and produced. The R-value properties for Neopor GPS Plus are based on 1-1/16 in thickness.

What common practices ruin the thermal performance of continuous insulation?



Thermal Bridging



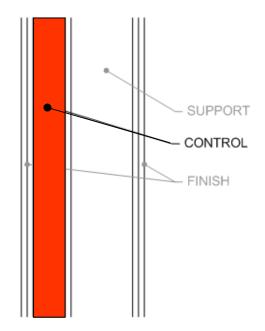
Basic Enclosure Functions

- \rightarrow Support
 - \rightarrow Resist & transfer physical forces from inside and out
- \rightarrow Control

\rightarrow Control mass and energy flows

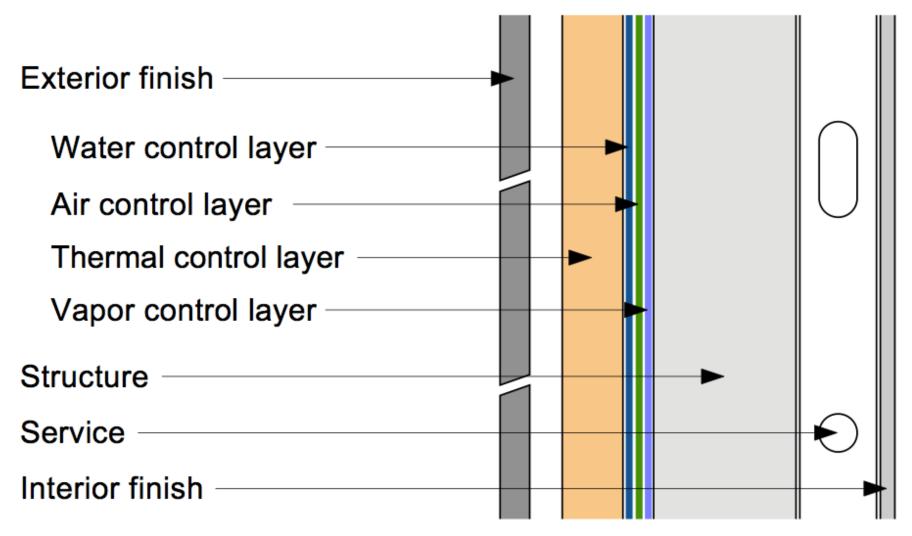
- > Rain (and soil moisture)
 - <u>WRB</u>, gap capillary break, etc.
- > Air
 - Continuous <u>air barrier</u> system
- > Heat
 - Continuous layer of insulation
- > Vapor
 - Balance of wetting/drying
- \rightarrow Finish
 - \rightarrow Interior and exterior surfaces for people







The classic "Perfect" Wall



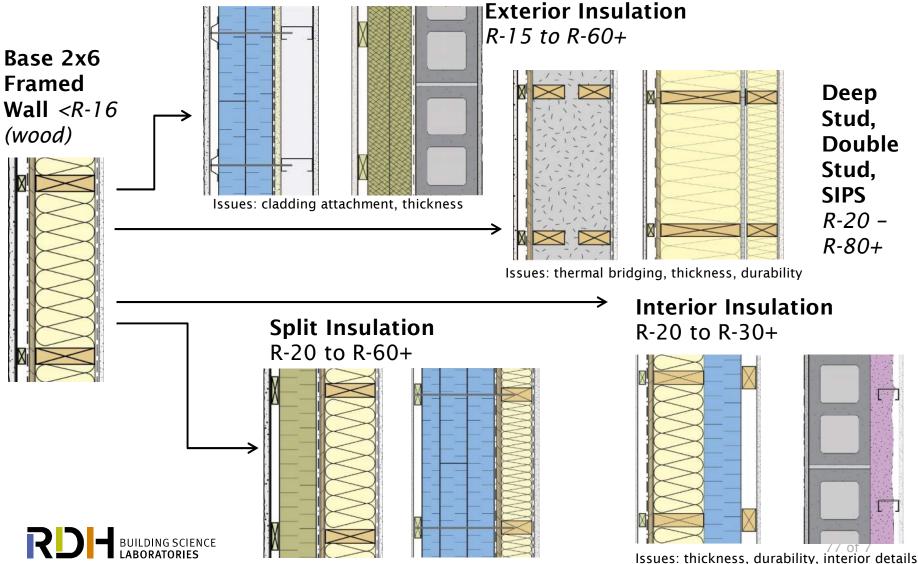


High Performance

- \rightarrow Continuity (no holes)
 - 1. Water control layer
 - 2. Air Control layer
 - 3. Thermal Control
- \rightarrow Good control (how do we measure)
 - \rightarrow Drainage gap and WRB?
 - \rightarrow Airtight
 - \rightarrow High R-value

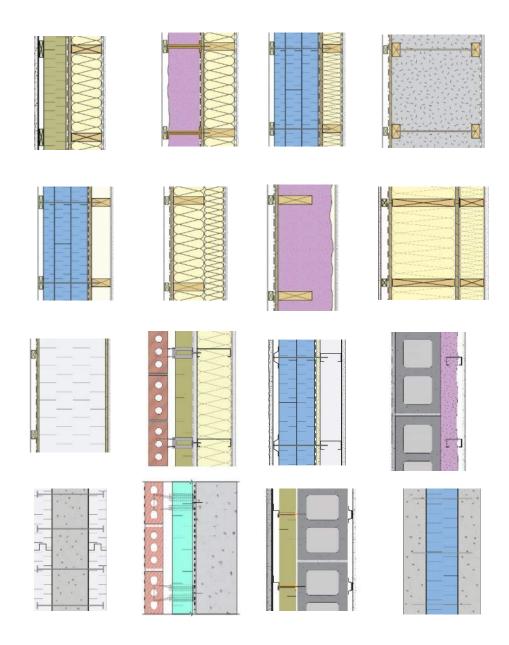


Getting to Higher Insulation Levels in Walls



Issues: cladding attachment, material selection

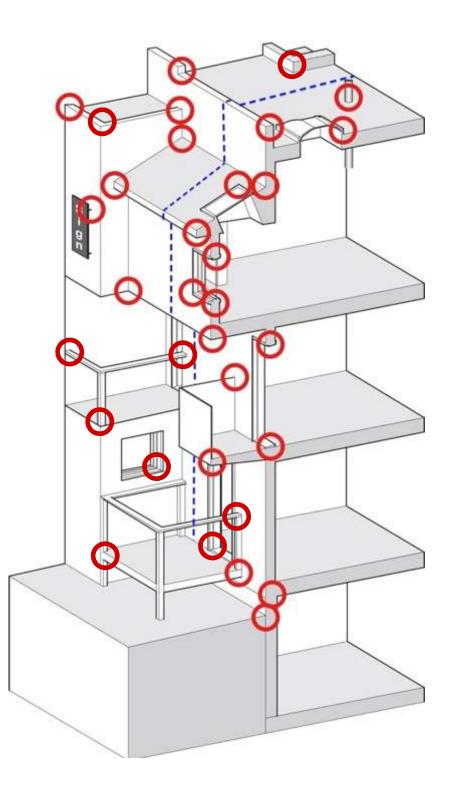
Design Considerations for Highly Insulated Walls



- \rightarrow Wood vs Steel vs Concrete Backup
- \rightarrow Combustibility
- \rightarrow Material & Labour Cost
- \rightarrow Durability
- \rightarrow Ease of Construction
- \rightarrow Cladding Attachment
- \rightarrow Rain Water penetration control
- \rightarrow Air Barrier System & Detailing
- \rightarrow Vapor diffusion control
- \rightarrow Pre-fabrication vs Site-Built
- \rightarrow Thickness & Floor Area
- \rightarrow Insulation type(s)
- → Environmental aspects/materials
- \rightarrow and Others...

Details

- Details demand the same approach as the enclosure.
- Scaled drawings required at O
 - change in plane
 - change in material
 - change in trade





- \rightarrow Its easy to get continuity in a 2D detail
- → Selection of enclosure assembly should consider the number, type, and complexity of details

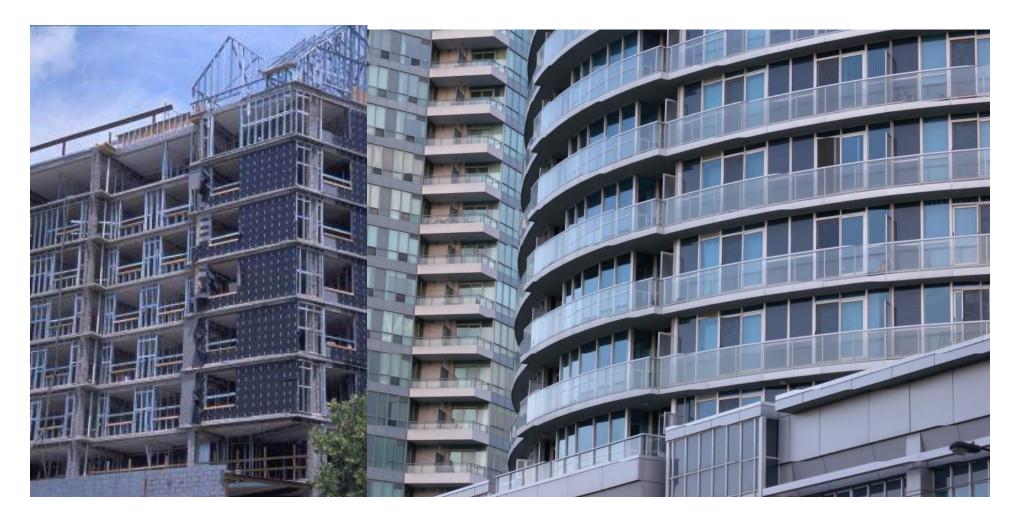


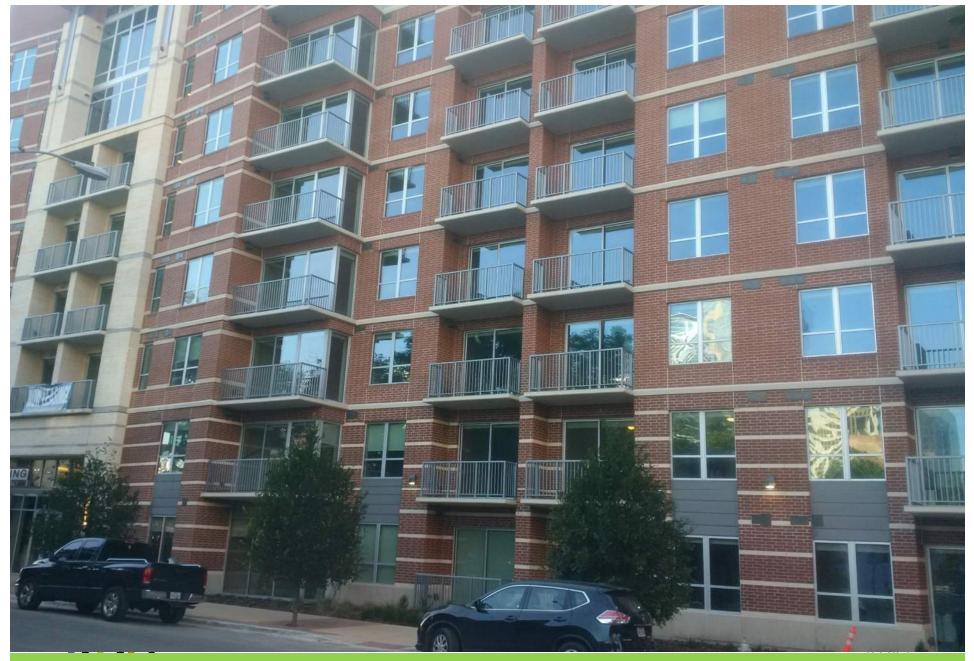


Thermal bridging nightmares in plan and section

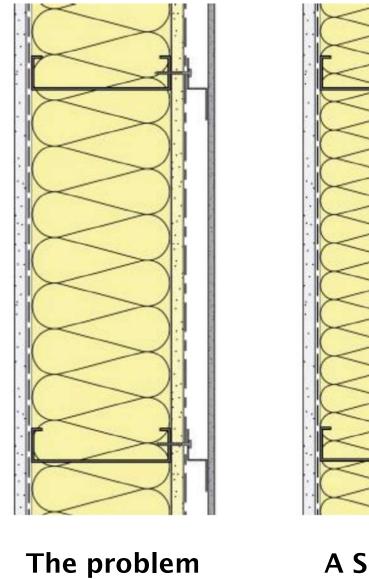
Thermal Bridges

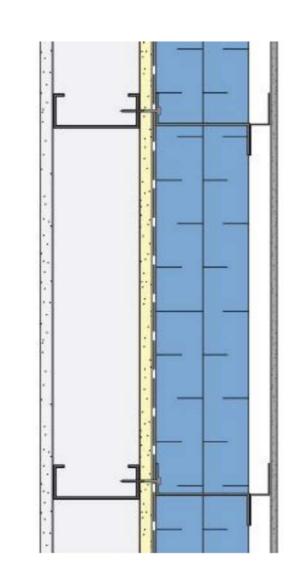
- \rightarrow Balconies, etc
- \rightarrow Exposed slab edges





Projecting slab edges in Austin TX

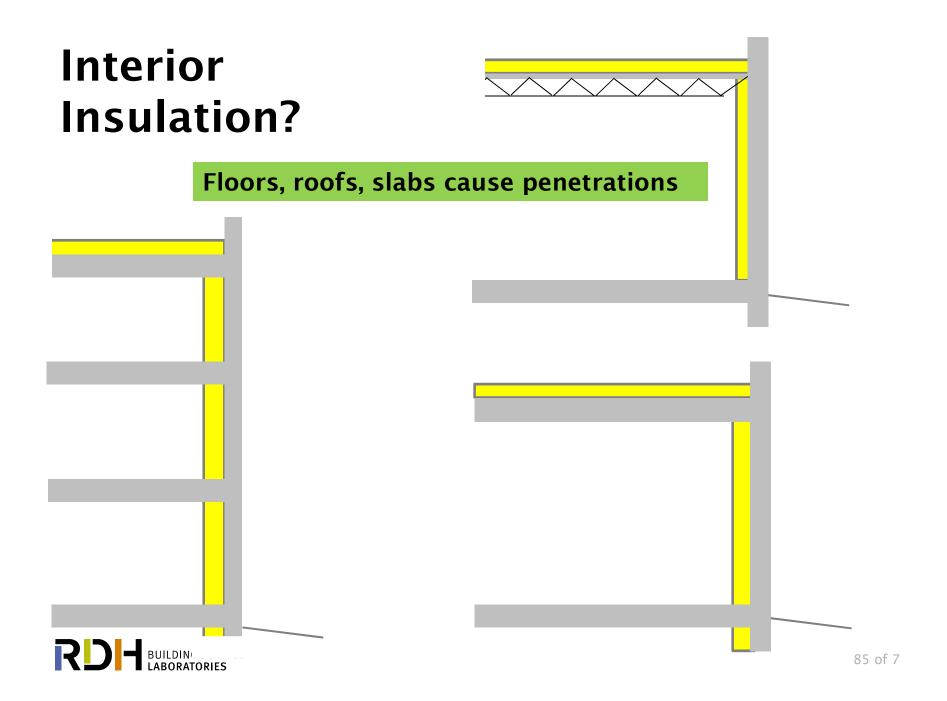


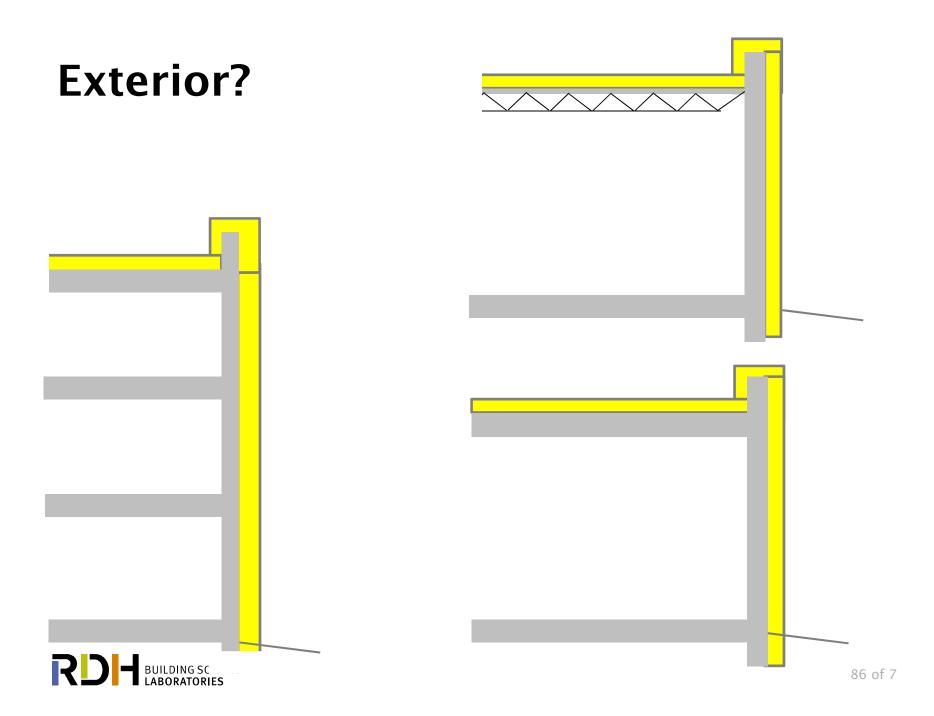


A Solution

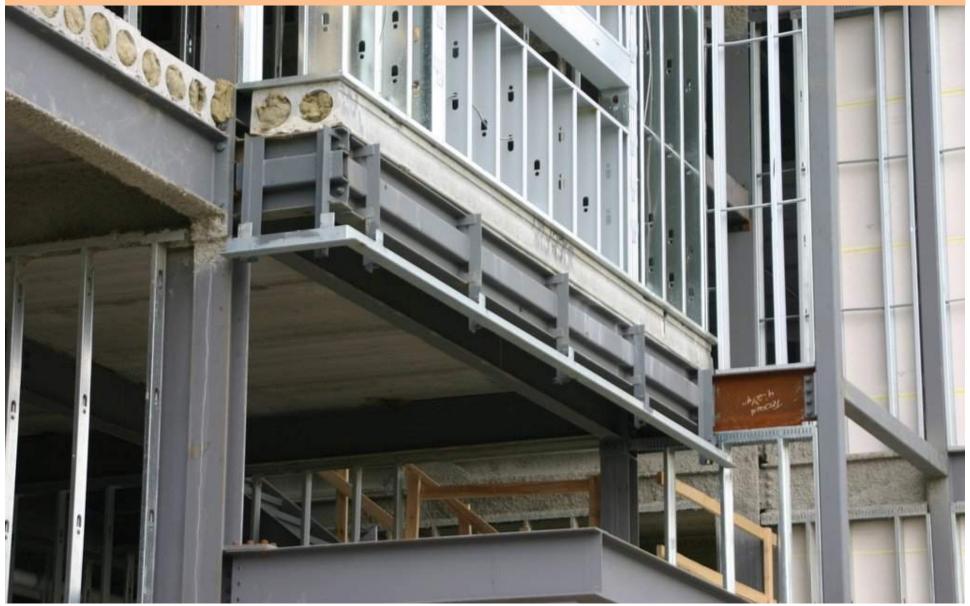
The Ideal







Complexity: Often exterior control layers are only practical solution





c.i. Continuous Insulation

- → Code language used to communicate better prescriptive thermal performance
- \rightarrow Often need to meet U-value requirement
 - \rightarrow Trade-off analysis
 - \rightarrow Computer modelling

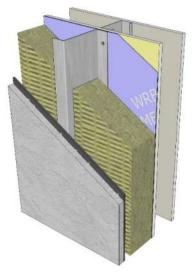


Challenges for c.i.

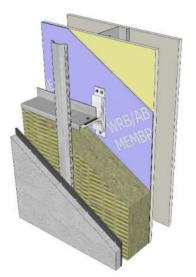
- \rightarrow Limits insulation choice
 - \rightarrow Cant use natural fibers as insulation
 - > Moisture tolerance!
 - \rightarrow Needs to be self-supporting/semi-rigid
 - \rightarrow Fire performance needs to be designed
 - > Can use foam plastic but requires care
- \rightarrow Cladding attachment
- \rightarrow Window / door alignment



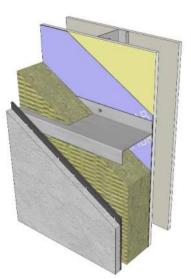
Many Cladding Attachment Options



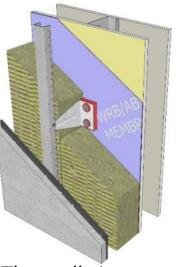
Vertical Z-girts



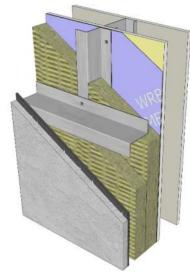
Aluminum Clip & Rail



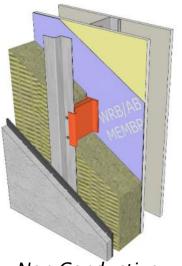
Horizontal Z-girts



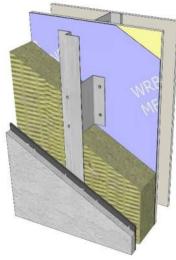
Thermally Improved Clip & Rail



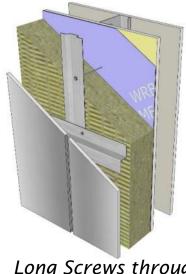
Crossing Z-girts



Non-Conductive Clip & Rail

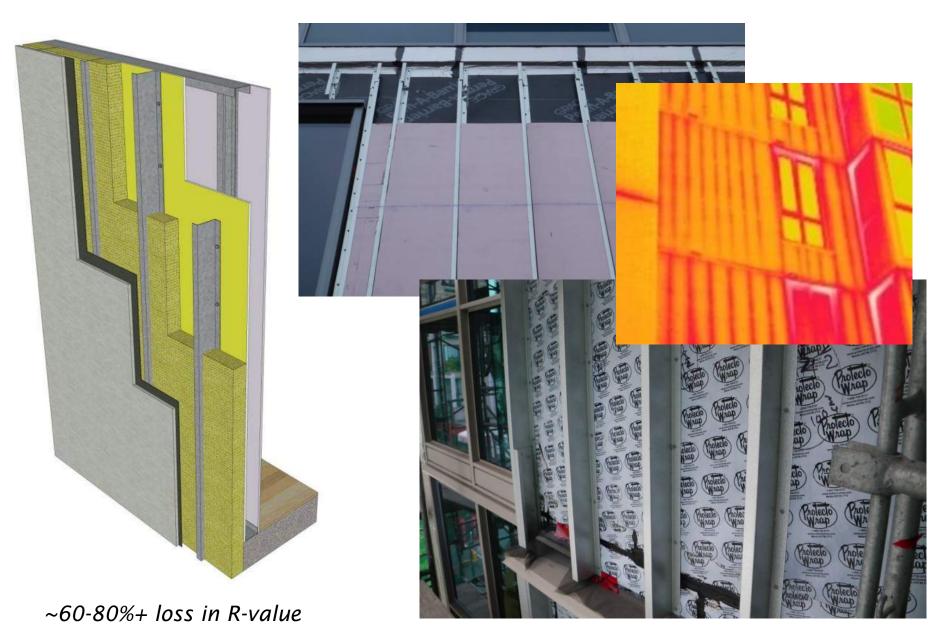


Galvanized/Stainless Clip & Rail

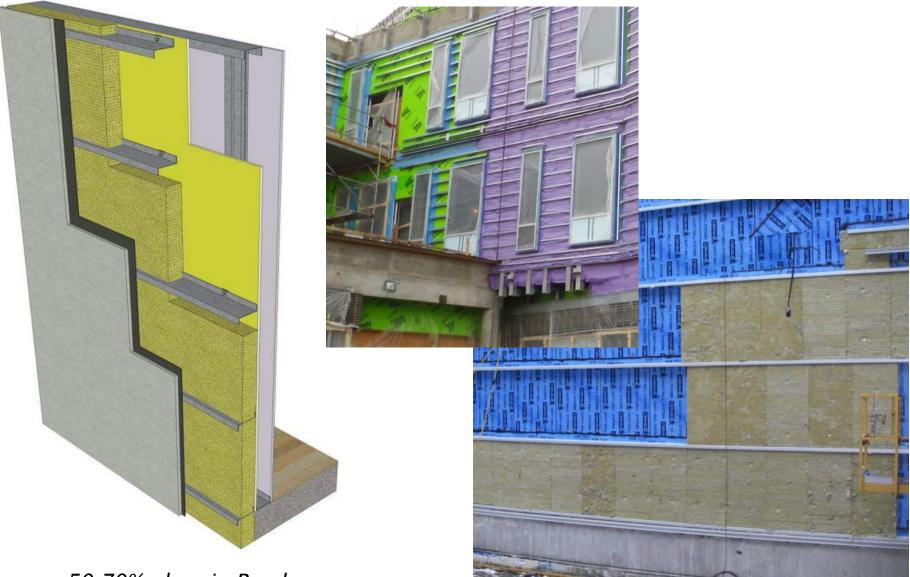


Long Screws through Insulation

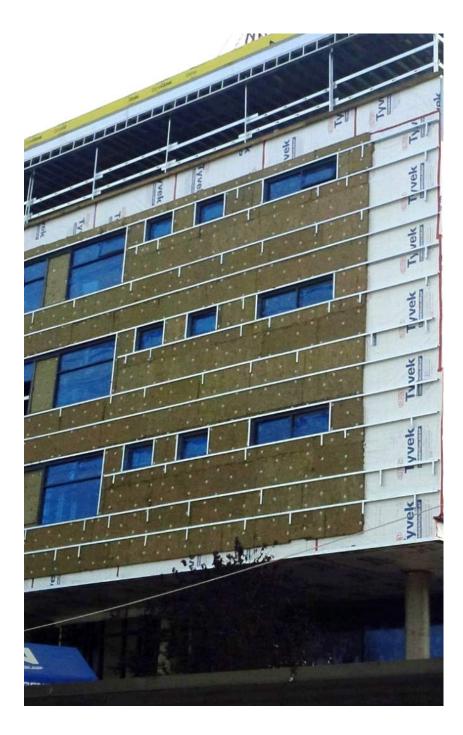
Cladding Attachment: Vertical Z-Girts

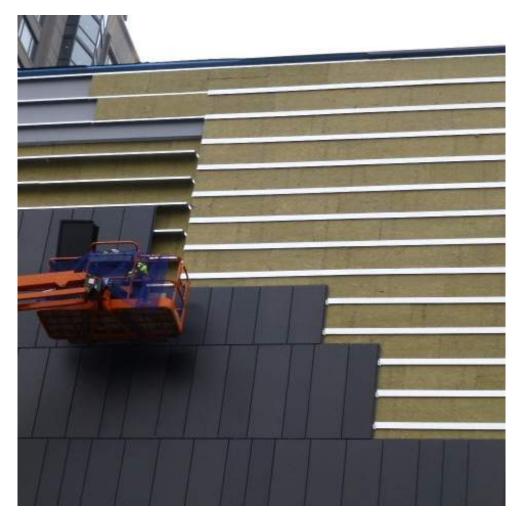


Cladding Attachment: Horizontal Z-Girts

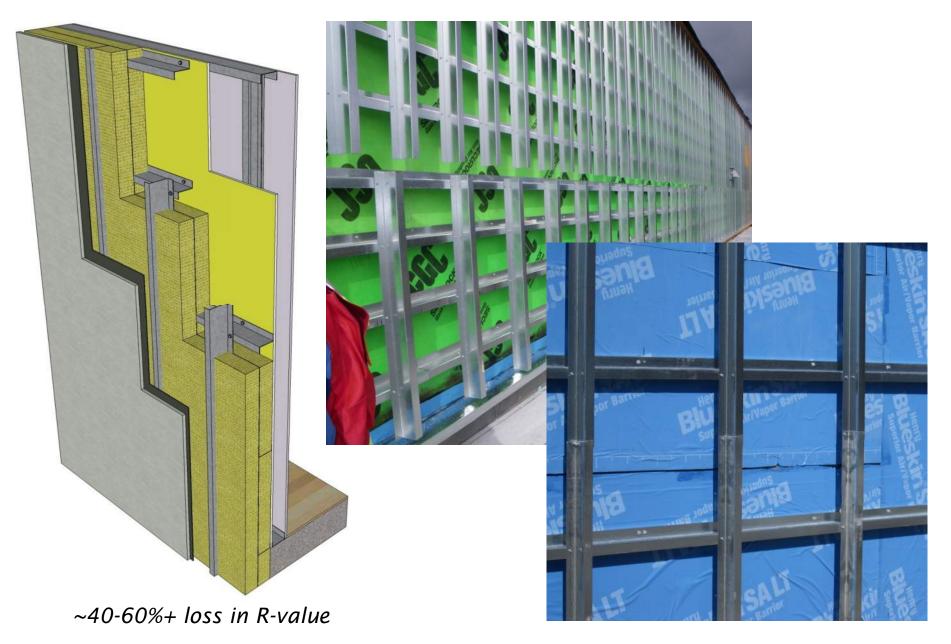


~50-70%+ loss in R-value





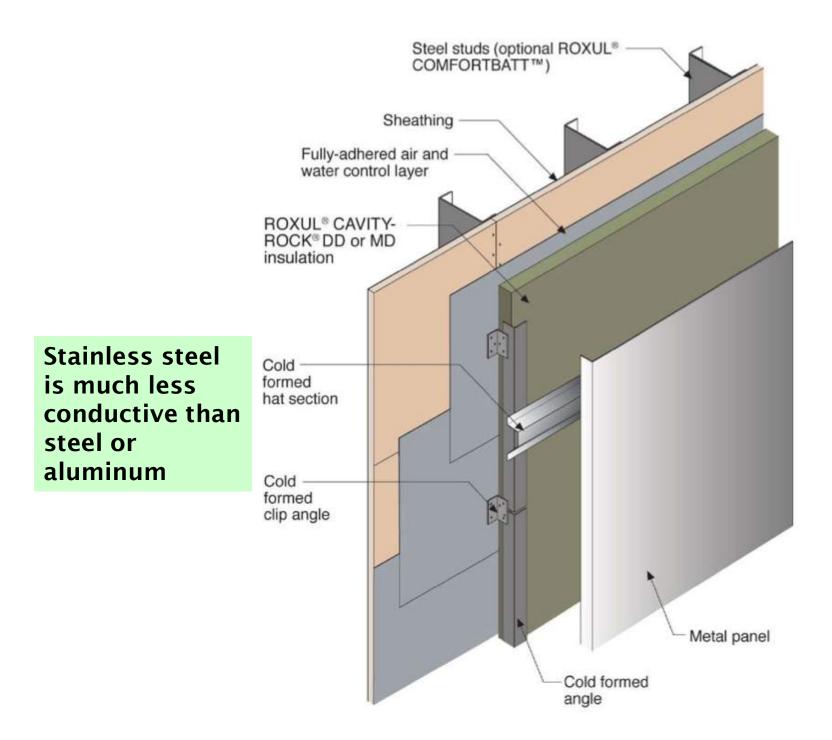
Cladding Attachment: Crossing Z-Girts



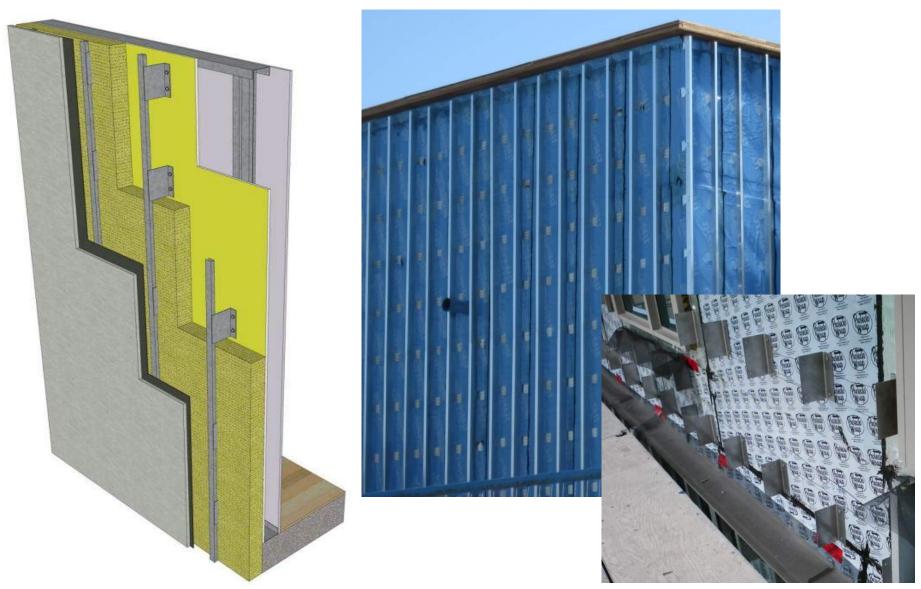
Cladding Attachment: Crossing Z-Girts



of 7

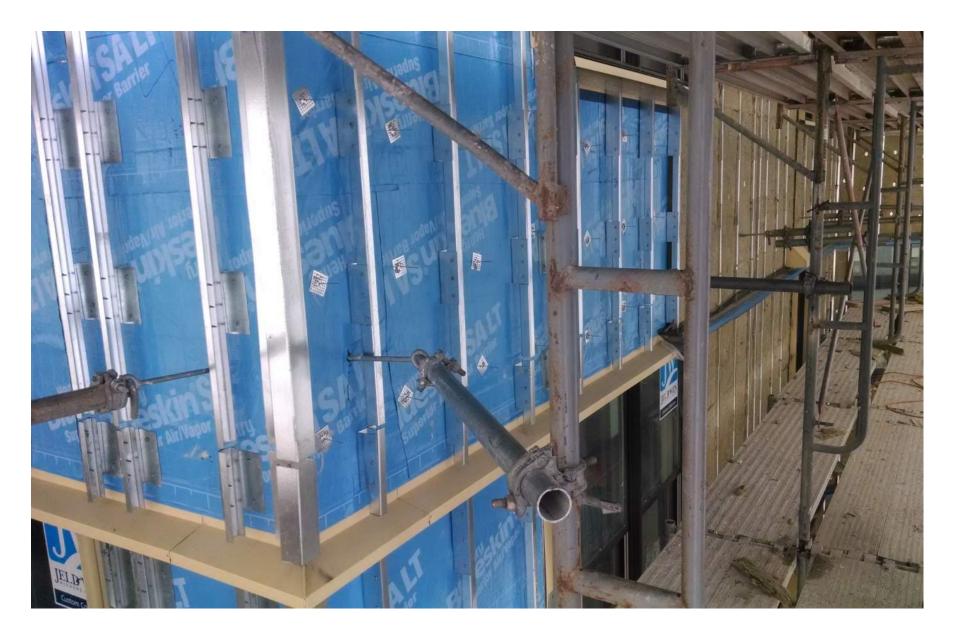


Cladding Attachment: Clip & Rail, Steel



~25-50% loss in R-value for galvanized, 15-35% for stainless steel (4x less conductivity)

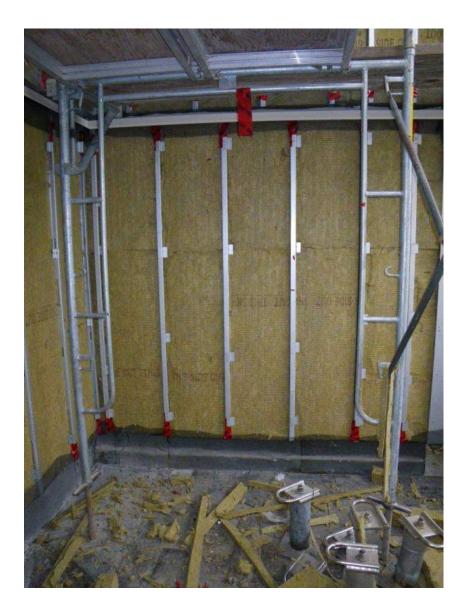
Cladding Attachment: Clip & Rail, Steel



Cladding Attachment: Clip & Rail, Stainless Steel



Note: clips *way* over designed



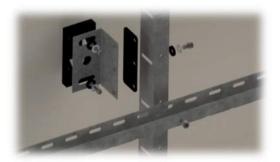
Stainless Z + rail



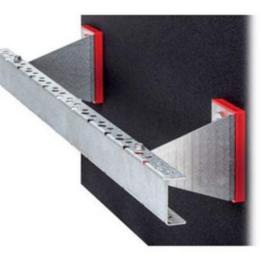
Cladding Attachment: Clips w/ Diagonal L-Girts



Proprietary Clips for Cladding Systems



Polymer pad connections used as thermal breaks (generic solution)



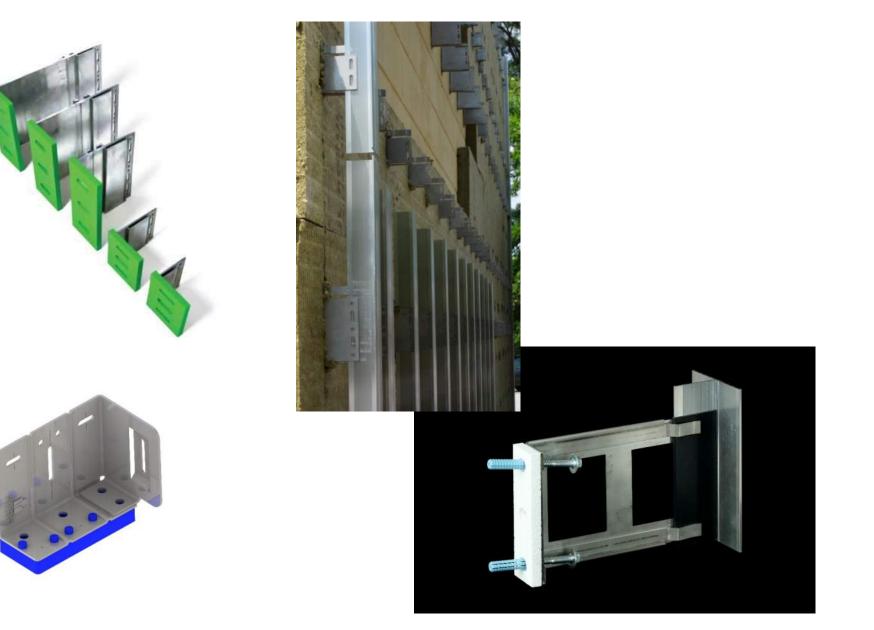
Polymer pad connections used as thermal breaks (generic solution)



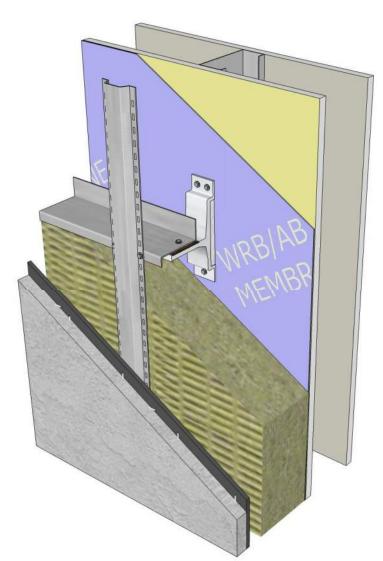
Thermally broken connections (image courtesy of Cascadia)



Other Steel & Aluminum Cladding Clip & Rail Technologies



Cladding Attachment: Aluminum Clip & Dual Girt



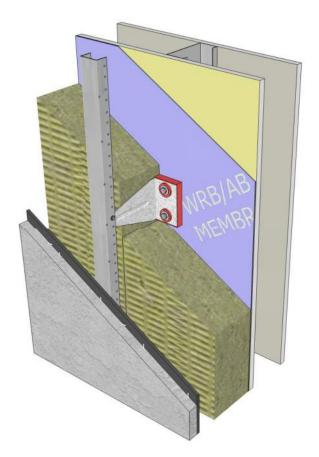
~30-50% loss in R-value (spacing dependant)

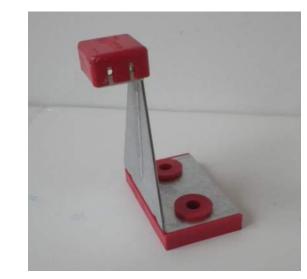




Cladding Attachment: Clip & Rail, Isolated Galvanized

→ Isolate the metal, improve the performance







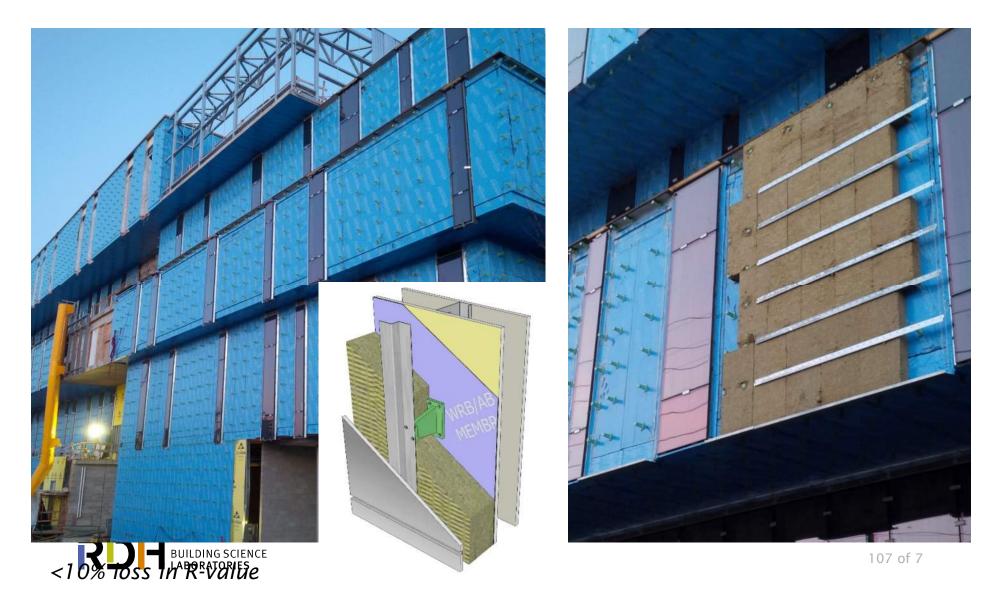
~10-40% loss in R-value (spacing dependant)

Cladding Attachment: Metal Panel Clips (Aluminum)



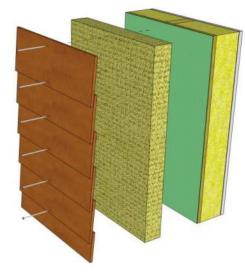


Cladding Attachment: Clip & Rail Fiberglass (No Screws)



Cladding Attachment: Screws through Insulation

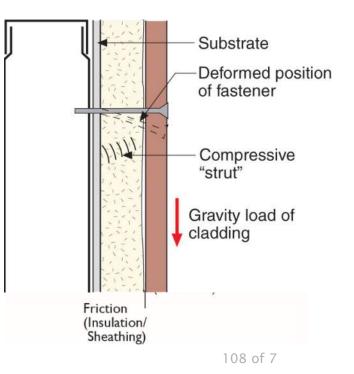
Screws are NOT supporting cladding as a cantilever!



Longer cladding Fasteners directly through rigid insulation (up to 2" for light claddings)

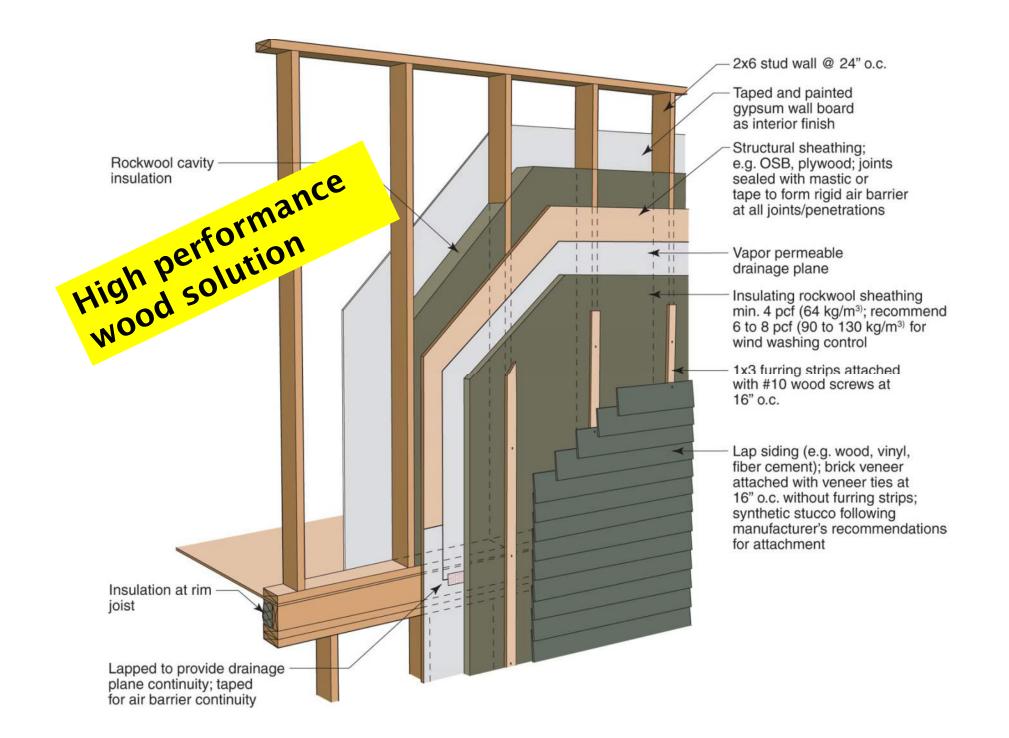


Long screws through vertical strapping and rigid insulation creates truss – short cladding fasteners into vertical strapping







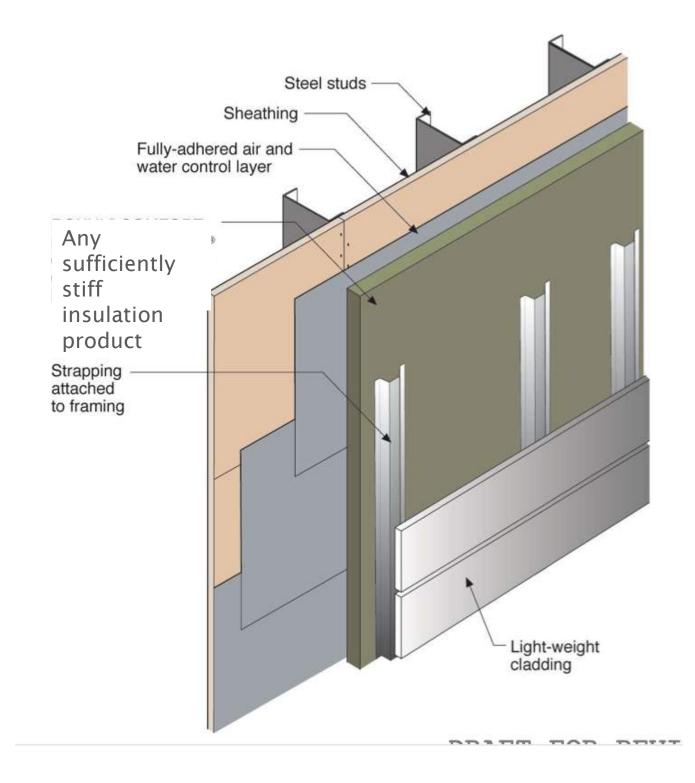


Wood furring



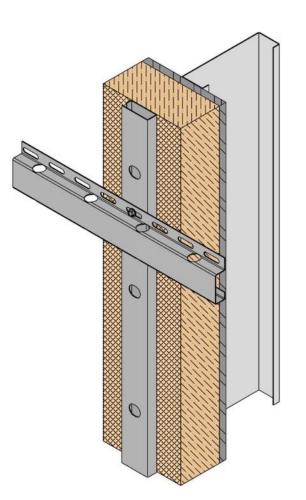






Cladding Solutions- furring

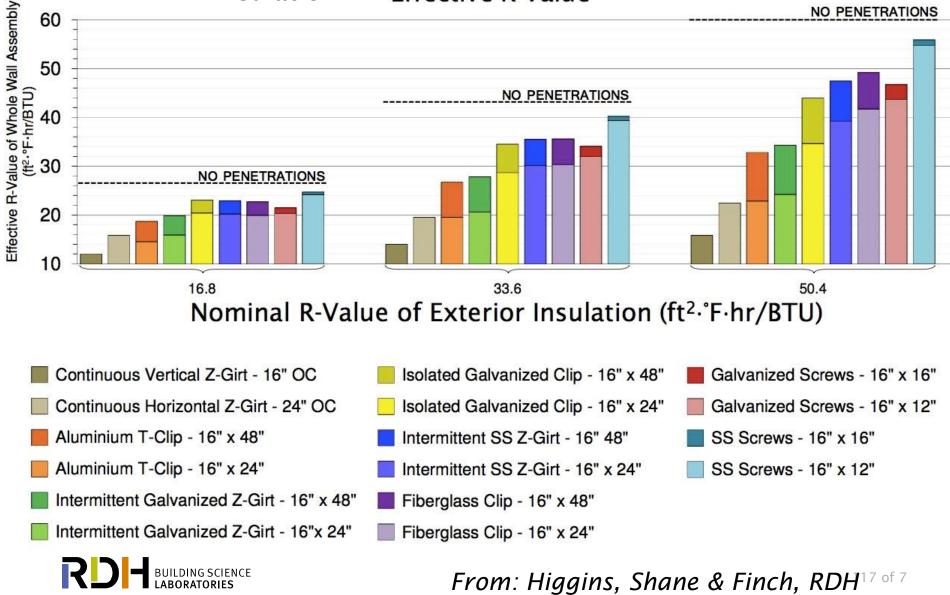
- \rightarrow Penetrate with only screws
 - → E.g. 16"x12"
- \rightarrow Requires dense insulation
- \rightarrow E.g.
 - \rightarrow stonewool over 4 pcf
 - \rightarrow XPS, PIC, EPS, ccSPF
- → May not work for heavy or brittle claddings



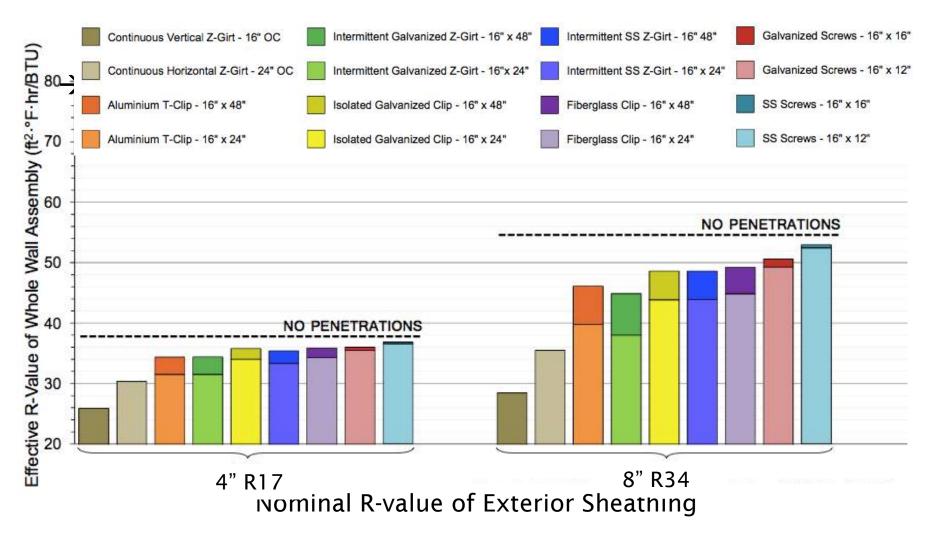




For 3 5/8" steel stud w/R12 batt + exterior insulation Effective R-Value

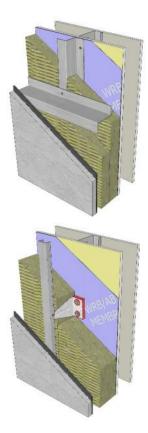


Effective R-value for 2x6 Wood studs w/R22 batts

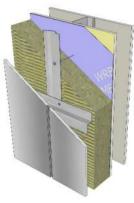


RDHBUILDING SCIENCE LABORATORIES From: RDH Building Science

Cladding Attachment & Insulation Choice



- →Continuous Girts Rigid or Semirigid boards or spray-foam (i.e. almost anything works)
- →Intermittent Clip & Rail Systems Semi-rigid boards or spray foam (i.e. flexibility & ease of installation is key)



→ Screws through Insulation – rigid or semi-rigid insulation boards (i.e. stiff enough to support compression load)

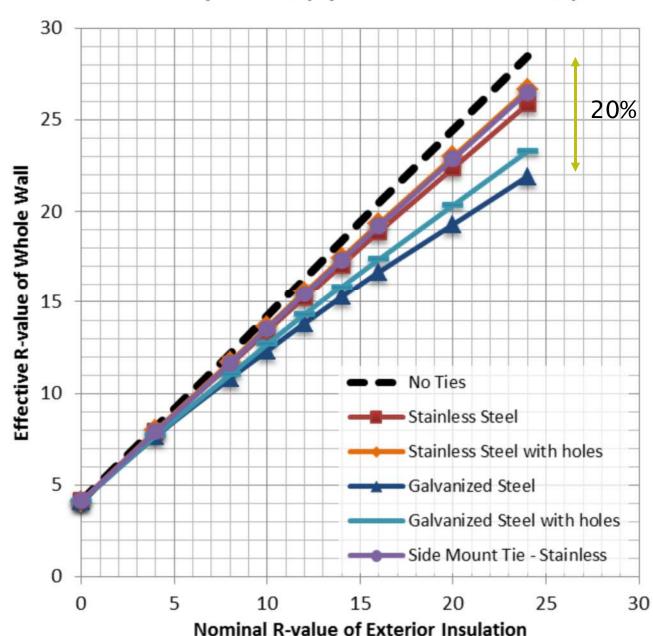
Masonry / Heavy Cladding

 \rightarrow Heavy cladding requires different solutions

- \rightarrow E.g. 25 to 50+ psf
- \rightarrow Two types of attachment
 - \rightarrow Lateral loads: brick ties
 - \rightarrow Vertical Loads: shelf angle, foundations
- \rightarrow Many good brick ties available



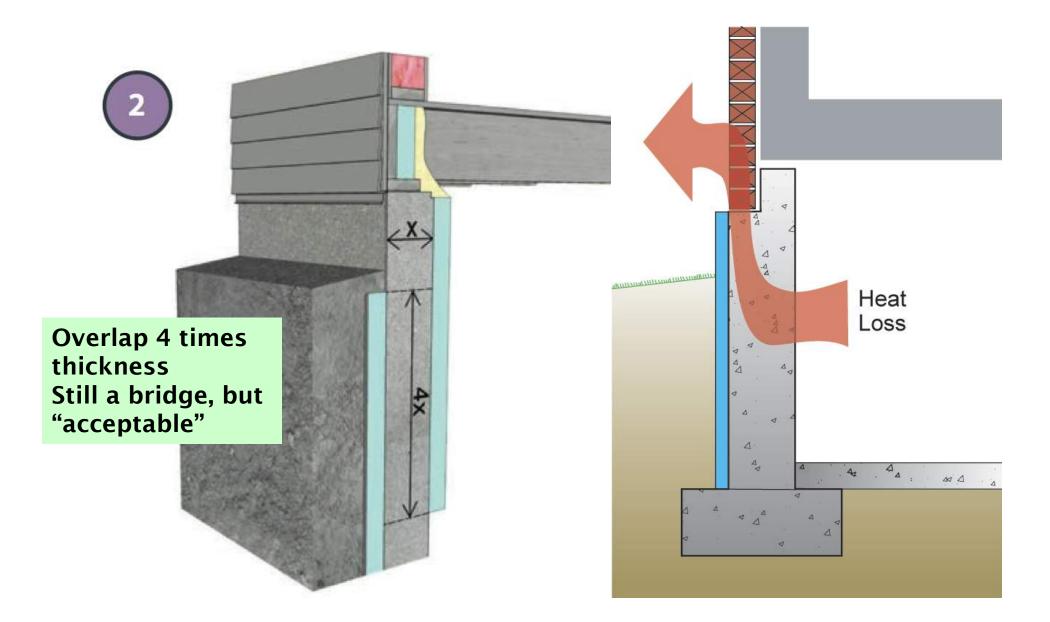




Effective R-value of Masonry Walls with Different Masonry Ties - Empty 3 5/8" Steel Stud Backup

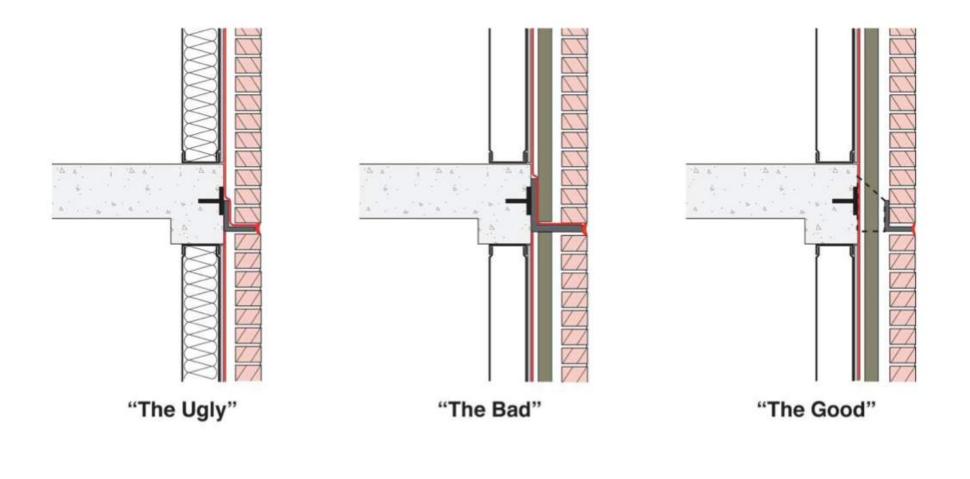
 \rightarrow

Other challenges



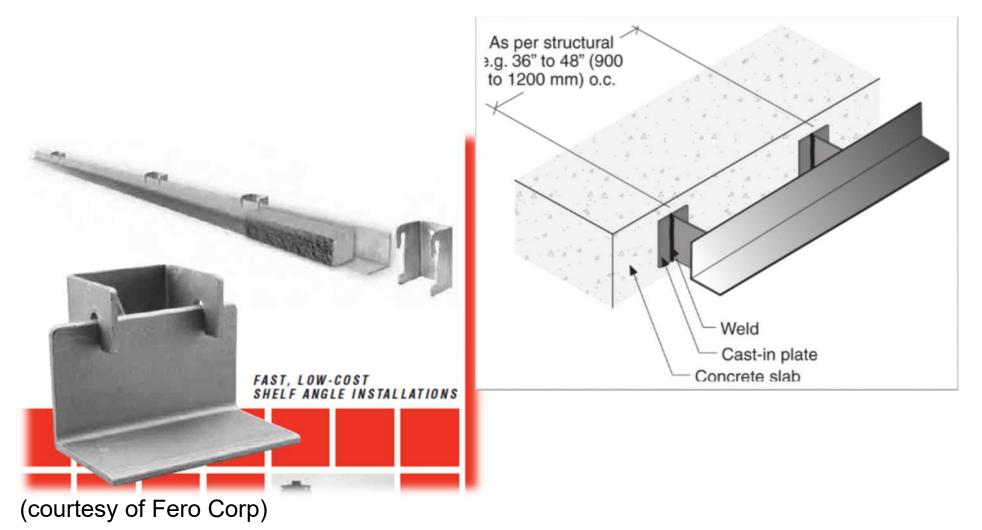
Shelf Angles

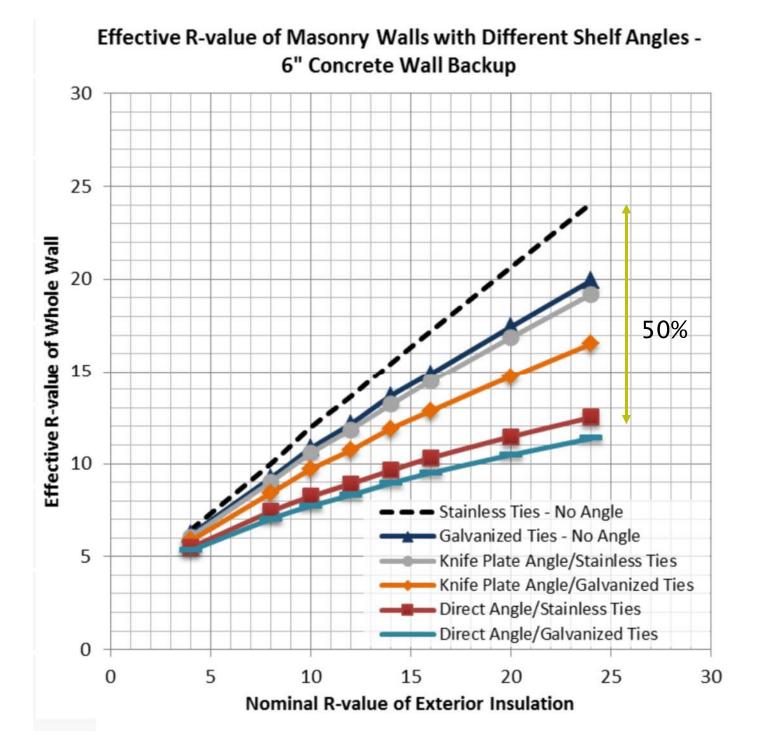
Heavy Cladding Attachment through Exterior Insulation





Stand-off Shelf Angle





Balconies & Exposed Slabs

- → These thermal bridges often reduce overall R-value by 30-50%
- → Projection of concrete beyond insulation has little impact: 4" or 4 yards
- \rightarrow Accent lines, sun shades, etc act the same

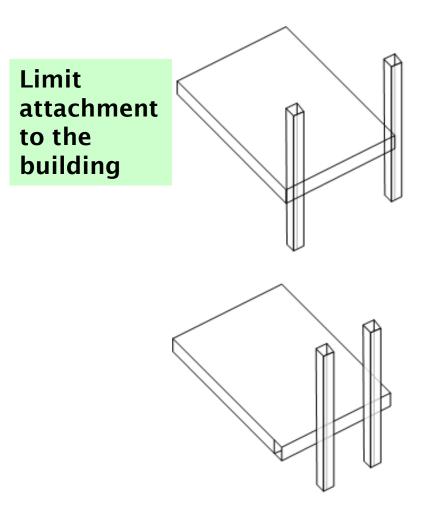


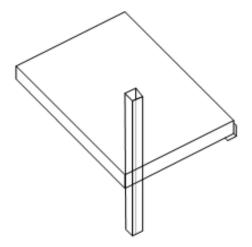
Structural Thermal break

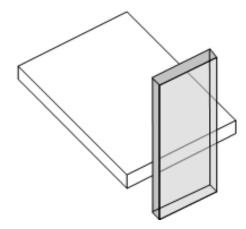




Balcony Design Solutions

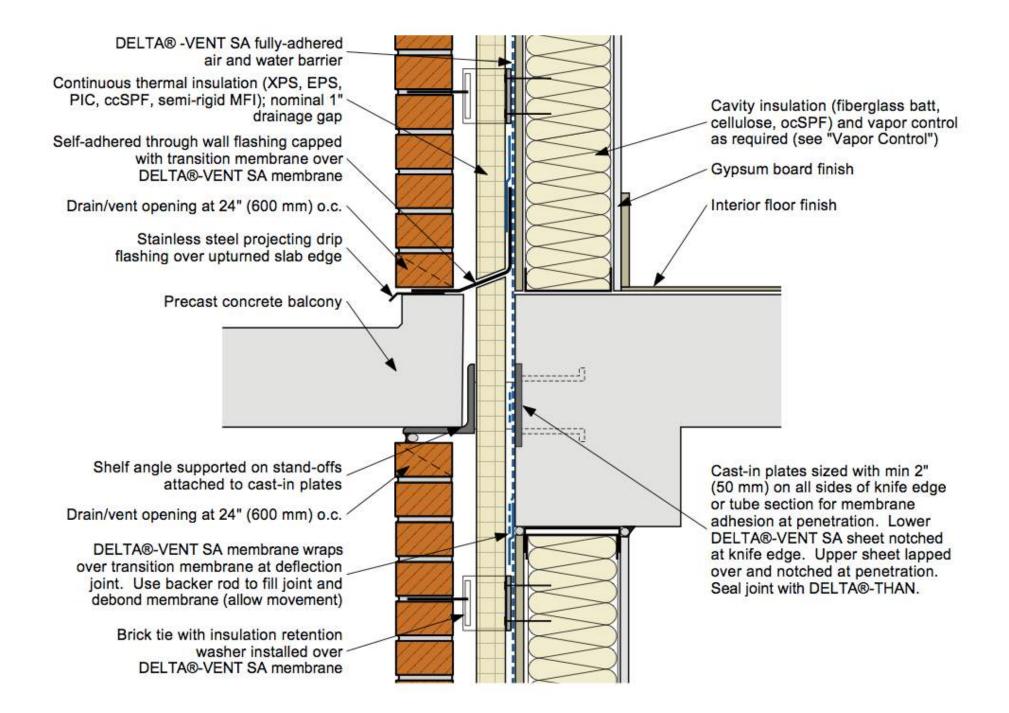






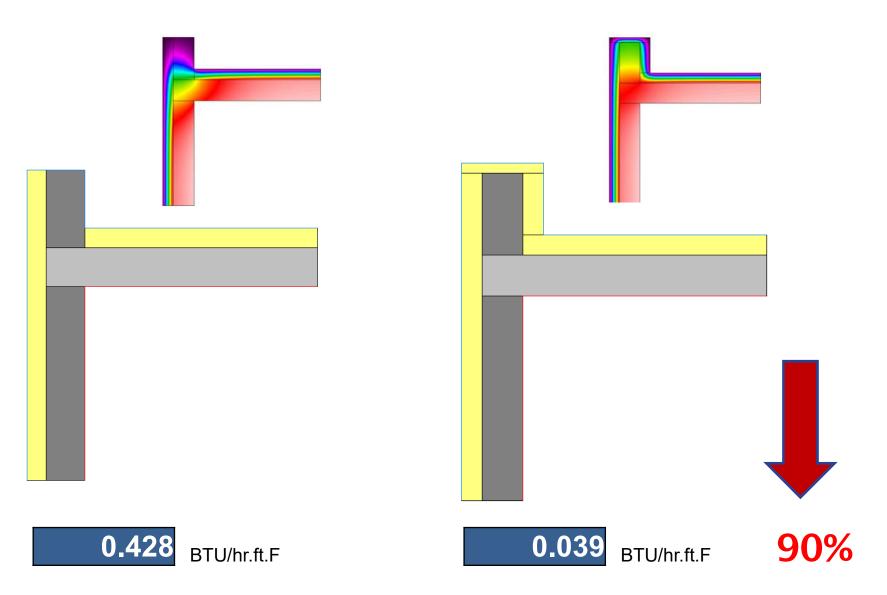


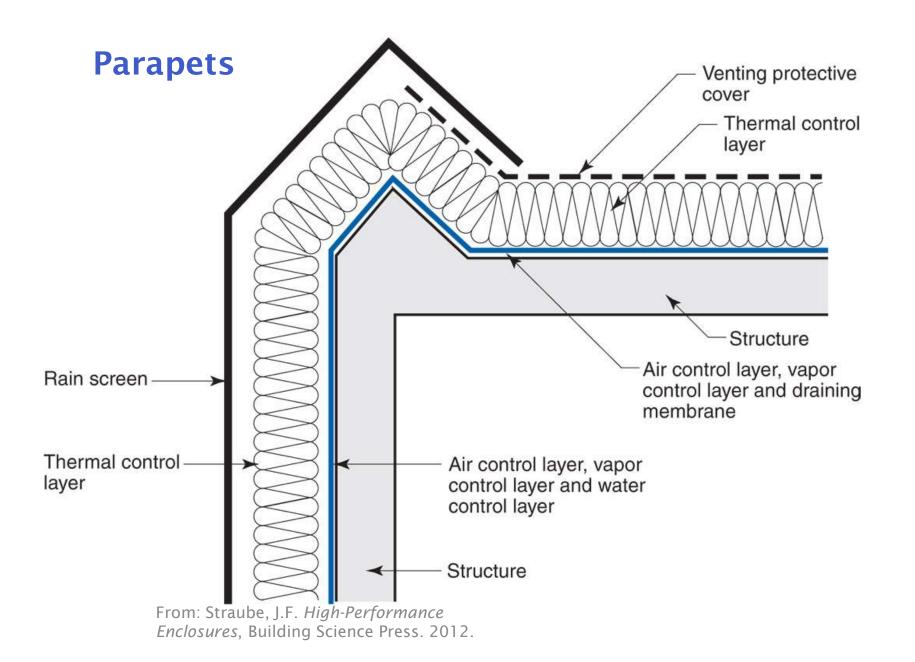


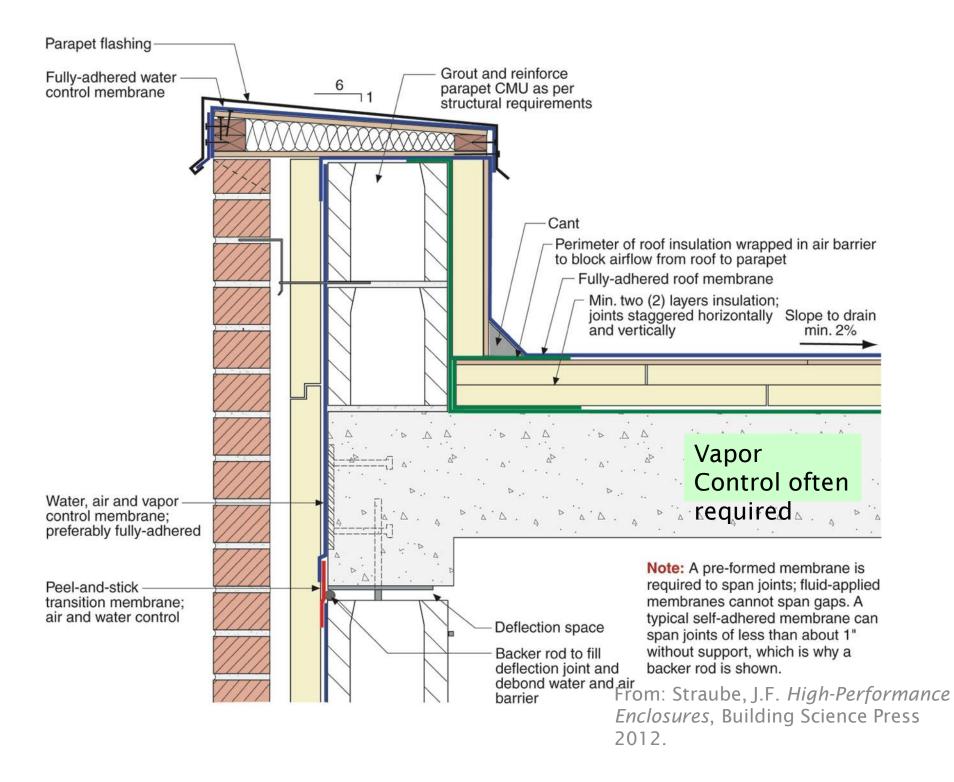


Precast balcony supported on knife edge supports to limit thermal losses

Parapets

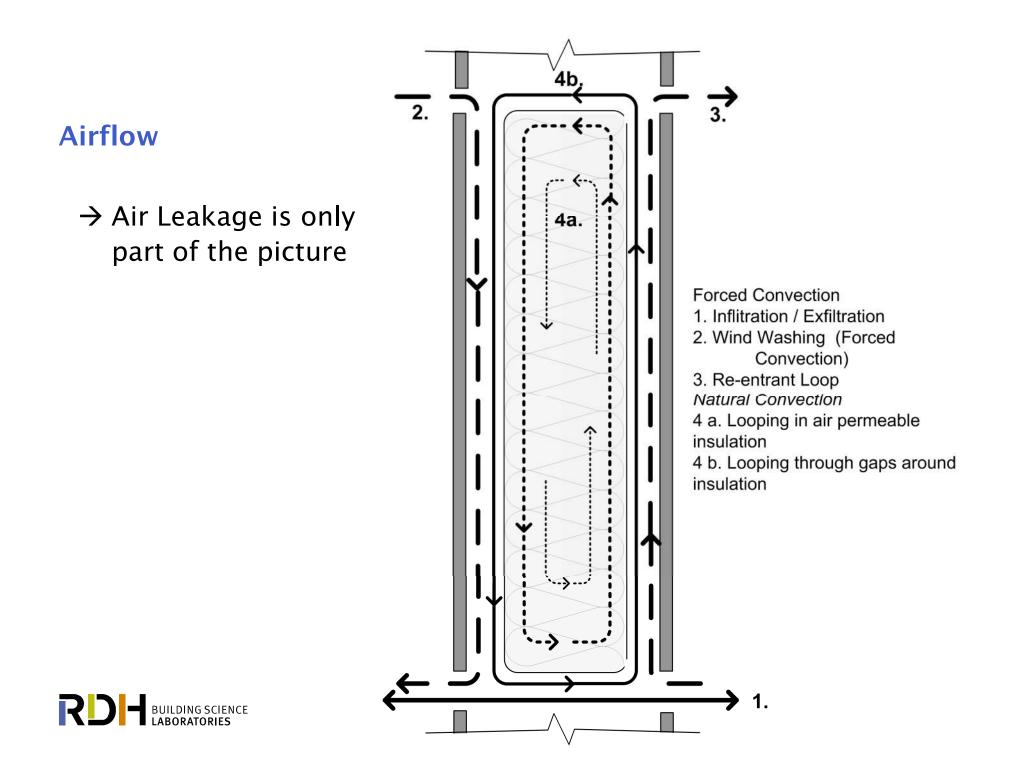


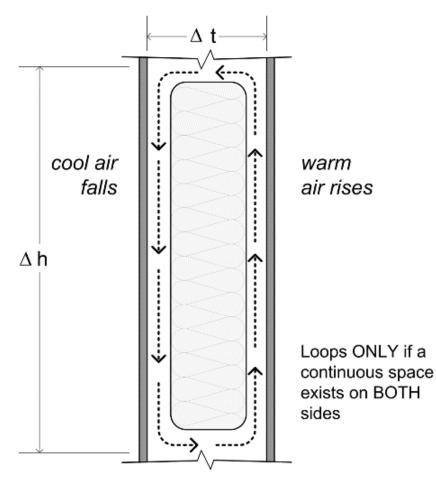




Airflow Flanking Insulation

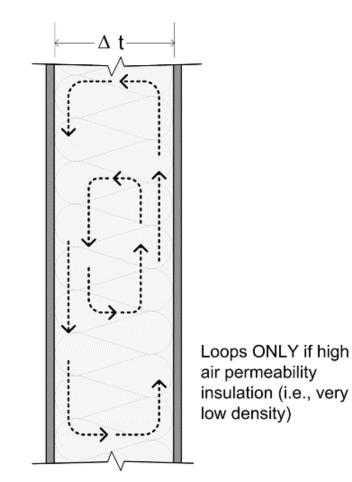


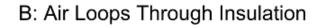




A: Air Loops Around Insulation



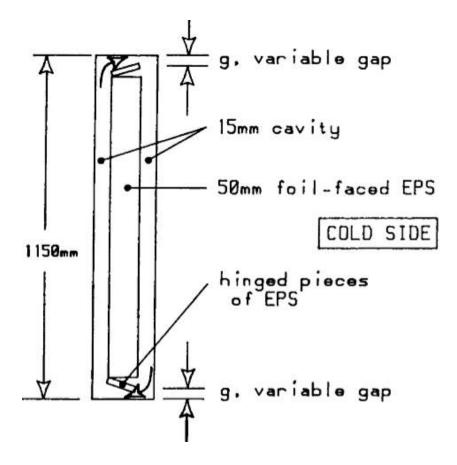




 \rightarrow 25% reduction in 300 25,25 U_c/U **R-Value** measured (%) for 3/16" (5mm) 250 gap between width cavity C, width cavity H (mm) (mm) insulation & 40,10 sheathing / 200 backup (Lacompte 1991) 42, 8 150 45, 5 47, 3 100 2 14 0 6 8 10 12 16 18 20 width gap (mm)

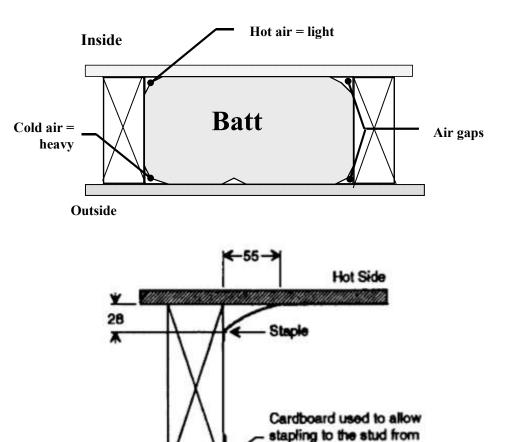


 → 50% reduction in thermal performance for 5/8" (15mm) gap front & back and 1/8" (3mm) gap top & bottom (Trethewen 1991)





→ Gaps in the corners can allow convective loops to bypass heat around the insulation



the cold side.

Cold Side

→ Measurements suggest a possible 25-33% reduction in R-Value (Bomberg & Brown 2003)



Conclusions

- \rightarrow As target R-values increase
- \rightarrow Thermal bridges become more significant
 - \rightarrow Cladding attachment
 - \rightarrow Relieving angles
 - \rightarrow Parapets
 - \rightarrow Balconies / floor edges
- \rightarrow Airflow becomes a bigger concern
 - \rightarrow Gaps behind continuous insulation
 - \rightarrow Gaps between insulation boards
- \rightarrow More attention in design to get better thermal continuity



Discussion + Questions

FOR FURTHER INFORMATION PLEASE VISIT

- → www.rdh.com
- > www.buildingsciencelabs.com

OR CONTACT US AT

→ cschumacher@rdh.com

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